

NEW STUDENT ORIENTATION 2021

IMMACULATA UNIVERSITY



🔗 ❤️ 📌 📌 ... #TuneInIU

▼ ON MY PLAYLIST ☰



CLEO HOEY '22

NSO Co-Chair
Double Major
Elementary Education
(PK-4 with Special Education)
Communications (Digital Media)



- Ventura Highway** ...
America
- Edge of Great** ...
Julie and the Phantoms
- Back to You** ...
Twin Forks
- Love Grows** ...
Edison Lighthouse
- Into the Unknown** ...
Idina Menzel

MEET CLEO

From the earliest planning stages of New Student Orientation, we knew that we wanted to make every moment of this summer special for you. A huge part of that process is selecting a theme that is uniquely crafted to celebrate your transition to life as a college student.

We all have talents, loves, and stories that make us individuals. Our identities help us to bond and share our lives with one another. Many of us can argue that it was difficult to establish and maintain friendships during the course of the last year. Through it all, though, music has remained a constant that allowed us to continue moving forward.

It's a little ironic, then, to realize that such a constant force is constantly fluid – music changes, too. Your favorite song today is probably different from your favorite song when you were in elementary school, middle school, or even high school.

I was raised on a combination of big band music, contemporary worship songs, and movie musical showtunes. As I grew into adulthood, I began exploring more genres, and my taste continued to develop. My friends and I trade songs back and forth, detailing the stories that we have dreamed up between the existing lyrics and chord progressions. In this beloved pastime of mine, I have learned that one song that pushes you to feel a specific emotion can have a completely different effect on the person beside you.

That's why Tune In Immaculata is so important to us. Music allows us to explore our individuality and to connect with others, both of which are crucial components to becoming all that we are meant to be. **The beauty in the universal connectivity of music is the closest thing that I have seen to magic.** I hope that you are able to experience that magic yourself during your New Student Orientation.

▼ ON MY PLAYLIST ☰



RYAN LEON '23

NSO Co-Chair
Music Therapy Major



- Blue Motel Room** ...
Joni Mitchell
- Desert Island Disk** ...
Radiohead
- Heart of Glass** ...
Blondie
- Everywhere** ...
Fleetwood Mac
- Song in Stone** ...
Iron & Wine

INSIDE THE GUIDE

Orientation Leaders • NSO Schedules • **Get Involved** • Athletics • **Community Service**
Academic Support Services • **Campus Life** • Dining Options • **Campus Safety**
Immaculata Traditions • **Orientation Checklist** • Contact Information

MEET RYAN

Everyone's journey to Immaculata University is unique. We all come from a wide variety of backgrounds, but we all ended up here at the same university. I came to IU from Florida, and though we may be from different places, IU has become the bridge that connects us. It all starts with New Student Orientation, where students, faculty and staff are here to welcome you from day one.

In a similar way, music also connects us to those around us. With the many different styles and genres out there, you never know when something new might catch your interest. Who will that new interest connect you with? Music shaped my whole life to create the person I am today, finding bonds with so many people in so many places. It's even led me to IU now, studying music therapy.

Our hope with NSO is to introduce you to all Immaculata has to offer. Your journey as a college student begins here, and your time will be uniquely yours. With our theme **Tune In Immaculata: Your Playlist Starts Here**, we hope you find your start to new everlasting friendships and unforgettable moments!

YOUR PLAYLIST STARTS HERE



ON MY PLAYLIST



- Dynamite**
BTS
- DNA**
BTS
- All I Need**
Jacob Collier
- Perm**
Bruno Mars
- Poison**
Bell Biv DeVoe



SIANI BROWNLEE '22
FASHION MERCHANDISING MAJOR



NSO I

July 13, 14, 20 or 21, 2021

(only required to attend one of these dates)

Tune In to all of the great opportunities awaiting you at IU. Meet your student leaders and start connecting with your new classmates. Bond with new friends as you engage in different activities throughout the day. Learn the ropes of campus so you know what departments can help you with any of your needs. Register for classes with help from your academic advisor as you discuss your interests. Find out what's happening on campus by learning to use the IU App. You will begin to feel what it is like to be a Mighty Mac!

- MEET THE LEADERS
- MEET YOUR CLASS
- EXPLORE RESOURCES
- MEET YOUR ADVISOR

NSO II

August 27–29, 2021

During NSO II, you will continue to experience life as an Immaculata student, participating with pride in your first IU tradition—The Planting of the Ivy and Pinning Ceremony. Build your sense of community by completing a service project with your class. Enjoy some evening entertainment and performance by a special guest.

- BUILD IU PRIDE
- ON CAMPUS SHOW
- SERVICE PROJECT
- PLANTING OF THE IVY

ON MY PLAYLIST



Zena Tracey '12, '15 MA
Director, Student Life
NSO Coordinator
Head Coach, Women's Soccer



- Ain't Got Far to Go** ...
Jess Glynne
- Queens** ...
Misterwives
- Kill the Lights** ...
Alex Newell
- Take a Break** ...
Hamilton Cast
- Your Hand in Mine** ...
Explosions in the Sky

🔗 ❤️ 📌 🗒️ ... #TuneInIU

▼ ON MY PLAYLIST ☰



Laurie DiRosa, Ed.D.
Assistant Professor
Health, Nutrition
and Exercise Sciences



- Ants Marching** ...
Dave Matthews Band
- Son of a Preacher Man** ...
Dusty Springfield
- Better Life** ...
Keith Urban
- Single Ladies** ...
Beyoncé
- Shut Up and Dance** ...
Walk the Moon



At Immaculata University, your success is our number one priority. Our extensive academic resources provide you with free services for all of your needs.

Academic Advising

Advisors help you determine a major and recommend a course plan that satisfies your interests while keeping you on track or adding to your goals.

Academic Coaching

Academic coaches help you understand and practice individualized study habits.

Career & Professional Development

Career counselors help you explore career options and find internships and jobs, as well as help you create your résumé and practice interviewing skills.

Disability Services

We are committed to providing reasonable academic accommodations to students diagnosed with a disability, and the Student Support Services office will help you with the request process.

🔗 ❤️ 📌 #TuneInIU

ACADEMIC SUPPORT



Gabriele Library

The library provides students with a wide range of information resources, including books, journals and databases, as well as access to a wealth of information from around the world.

Math & Writing Centers

The Centers provide one-on-one support for students outside the classroom.

Peer Tutoring

You can ask to be matched with a peer tutor who has successfully completed coursework in your area of need.

ON MY PLAYLIST



- Seeds**
- Icon for Fire
- Crown**
- Halfives
- Hourglass**
- Set It Off
- Trade Mistakes**
- Panic! At the Disco
- Fugitives**
- Halfives



MAEVE TOUHEY '23
FASHION MERCHANDISING MAJOR

LEARN MORE

Learn about Immaculata's Academic Advising and Support Services at immaculata.edu/academics/advising-support



GET INVOLVED

IU organizes on- and off-campus events and activities that help you connect with your classmates and establish a strong community. Sign your team up for cupcake wars, indulge in late night breakfast to kick off finals week, celebrate Blue and White Week and keep an eye out for other exciting events on the IU App.



Athletics

IU is home to 21 NCAA Division III sports teams. You can also join an intramural sports team or use our state-of-the-art athletic facilities and fitness centers to train and stay fit. Or consider trying out for our new Esports team!



ON MY PLAYLIST



Take What You Want

Post Malone

Reflections

Andy Mineo

Only Human

Jonas Brothers

Anything But Country

Andy Mineo

The One With My Friends

Marty



TREY RORER '23
EXERCISE SCIENCE MAJOR

Clubs and Organizations

This is the time to explore your interests by getting involved in any of our 35+ student groups, ranging from recreational clubs to service opportunities.

Diversity & Inclusion

IU aspires to foster a community that is inclusive and respects and loves the whole student. The Office of Diversity & Inclusion provides education and opportunities that empower students to best serve their communities and become leaders.

Leadership

IU fosters leadership through the Student Leadership Institute that will help you discover and develop your unique strengths. You can also apply for numerous leadership positions that will help you practice your skills and serve your fellow students.



Service & Campus Ministry

Whether it is serving at the local food bank, tutoring elementary school students in Philadelphia or building houses with Habitat for Humanity, there are numerous opportunities to make a difference through service.

35+

CLUBS
& ORGS

315

HOURS OF SERVICE TO
LOCAL FOOD BANK

21

DIVISION III
SPORTS TEAMS
+ ESPORTS

ON MY PLAYLIST



Jason Hyman

Assistant Athletic Director
Head Coach, Men's Basketball



You and I

John Legend

Separate Ways

Journey

Somewhere Over the Rainbow

Israel Kamakawiwo'ole

Dance With My Father

Luther Vandross

Promises

Calvin Harris



🔗 ❤️ 📌 🗒️ ... #TuneInIU

✓ ON MY PLAYLIST ☰



Zachary Drown

Assistant Director, Student Life
NSO Coordinator



On Melancholy Hill ...

Gorillaz

Guilty Filthy Soul ...

AWOLNATION

Voyager ...

Daft Punk

Home ...

Vince Staples

Roundabout ...

Yes

IU housing offers a comfortable, all-inclusive community complete with air conditioning, kitchens, wireless internet, cable TV and laundry facilities.

The centerpiece of Immaculata's campus life is the IHM Student Center, an inviting space for both residents and commuter students. With its stone fireplace, large TVs, game room and fitness stations, you can relax, meet up with friends or get in your workout. The Grill on the Hill also serves your favorite comfort foods into the late-night hours.

Campus Dining

You can enjoy a creative and culturally diverse mix of nutritious meals at Immaculata's on-campus eateries.

- Nazareth Dining Hall—Choose from whole grains, grilled proteins, vegan options, a fresh salad bar, homemade soups, and made-from-scratch baked goods and desserts.
- ImmacuLatté Café—Get a caffeine boost from Starbucks coffee or tea, and grab pastries, a sandwich, some soup, or a salad.
- The Grill on the Hill—When you are craving your favorites, head to the IHM Student Center for fries, wraps, cheese steaks, chicken fingers and milkshakes.

Menu items are made with real ingredients from more than 250 local farms and sustainable, environmentally responsible sources.



🔗 ♡ 📌 ... #TuneInIU

LIVE & PLAY



Why live on campus?

By living in our residence halls, you will gain a sense of belonging and develop a support network as you adjust to college life. You will also have easy access to resources such as the library, academic success, student health and counseling services, the fitness center and the pool.

Unlike living in an off-campus apartment, you won't have to pay for utilities, rent, furniture, transportation or laundry.

ON MY PLAYLIST



Uptown Girl

Billy Joel

Don't Stop Believing

Journey

Livin' on a Prayer

Bon Jovi

Sign of the Times

Harry Styles

Are You Bored Yet

Wallows



GINA RUFO '24
HISTORY MAJOR

Campus Safety & Protection

We are committed to providing a safe and secure environment for you, our students. Our safety and protection officers patrol campus buildings and parking lots, control residence hall access, monitor security cameras and investigate incidents. Officers provide other services, such as lock-out assistance, on-campus escorts, jumpstart of vehicle batteries and the operation of the University Lost and Found service. Officers are trained in First Aid, CPR and the use of Automated External Defibrillators (AEDs). The department's One Card office issues ID cards and parking permits.



EXPERIENCE TRADITION



Enhance your experience by trying new things and getting involved in all that IU has to offer.



ON MY PLAYLIST



Volunteers

Jefferson Airplane

Rock & Roll

Velvet Underground

Jumpin' Jack Flash

The Rolling Stones

Gimmie Shelter

The Rolling Stones

Happy Anywhere

Blake Shelton



JUSTIN DOSSANTOS '22
NURSING MAJOR

Your IU Traditions Checklist

- Bust a move to your favorite tunes at Silent Disco
- Make S'mores with the Sisters
- Test your luck at Bingo
- Participate in our weekday Mac Happenings program
- Bring your 'rents to campus for Family Weekend
- Experience a show, museum or concert in Philadelphia
- Light up the Christmas season with carols around our tree
- Enjoy a night of food, fun and dancing at Cotillion
- Treat yourself at Late Night Breakfast
- Visit the beautiful grounds at Longwood Gardens
- Have your own adventure on a bus trip to NYC or DC
- Serve it up for charity at Volley-A-Wish
- Reserve a ticket to a Phillies game
- Show your IU pride during Blue and White Week
- Build yourself a furry friend—with our Build-a-Bear event
- Kick back at the Campus Block Party before finals



ON MY PLAYLIST



Sr. Laura Downing, IHM, STL

Chair, Instructor
Theology & Philosophy
Director of Campus Ministry



How the Day Sounds

Greg Laswell

Holdin' Out

The Lumineers

Times

10th Avenue North

Little Talks

Of Monsters and Men

Seven Nation Army

The White Stripes



🔗 ❤️ 📌 🗒️ ... #TuneInIU

▼ ON MY PLAYLIST ☰



Marquise Peel
Assistant Athletic Trainer



- ... **Do It Again**
Steeley Dan
- ... **Ball of Confusion**
The Temptations
- ... **Ex Factor**
Lauryn Hill
- ... **All of Me**
John Legend
- ... **Misery Business**
Paramore

Check off the last few remaining items before you begin your journey.

- RSVP for NSO
- Download the IU App
- Complete your housing profile
- Prepare to move into your residence hall
- Communicate with your roommate
- Complete the Pre-Advisement Form
- Accept the Student Financial Responsibility Agreement (SFRA) in SSIU
- Review and submit the Family Education Rights & Privacy Act (FERPA) in SSIU

DOWNLOAD THE IU APP



ORGANIZE
YOUR
AGENDA



CONNECT
WITH YOUR
FRIENDS



FIND YOUR
WAY AROUND
CAMPUS



RSVP TO
CAMPUS
EVENTS

Questions?

Call 610-647-4400 x3117
or email nso@immaculata.edu

Additional Details

immaculata.edu/campus-life/new-student-orientation

🔗 ❤️ ↗️ 📌 ... #TuneInIU

FINAL CHECKLIST

CONTACT

Patricia A. Canterino '92, '12 MA
VP for Student Development
and Undergraduate Admissions
610-647-4400 x3110
pcanterino@immaculata.edu

Lynn S. Rothenhoefer
Associate Dean of Students
484-323-3945
lrothenhoefer@immaculata.edu

Zena Tracey '12, '15 MA
Director of Student Life
484-323-3971
ztracey@immaculata.edu

Zachary Drown
Assistant Director of Student Life
484-323-3981
zdrown@immaculata.edu

Jennifer Lindsay
Director of Residence Life & Housing
484-323-3943
jlindsay2@immaculata.edu





IMMACULATA UNIVERSITY

1145 West King Road
Immaculata, PA 19345

immaculata.edu



Immaculata Class of 2025



@iu_NS02021



@iu_NS02021

🔗 ❤️ 📌 ⋯ #TuneInIU