

Dining Hall Lunch (Week 2)

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		5/6/24	5/7/24	5/8/24	5/9/24	5/10/24		
Fresh Stock	Soup	Spicy Chicken Quesadilla (LF)	Chicken Noodle(LF)	Tomato Basil (V)(LF)	Italian Wedding Soup	Manhattan Clam Chowder		
	Whole Body Soup	Cheddar Potato Chowder(V)	Cheddar Potato Chowder(V)	Cheddar Potato Chowder(V)	Cheddar Potato Chowder(V)	Cheddar Potato Chowder(V)		
Spoon and Fork	Entrée	Honey BBQ Pulled Chicken	Sloppy Joes	Chicken Nuggets	South Philly Pork Sandwich	Lemon Dill Salmon (LF)		
	Vegan/Vegetarian Entrée	Quinoa Stuffed Mushrooms (V)	Baked Ziti (V)	Pierogies (V)	Pasta Puttanesca (V)	Vegan Stuffed Portobello Mushrooms (V)		
	Side Dish	Pasta w Tomato Basil (V)	Cheese Sauce (V)	Pasta w Garlic Oil (V)	Cheese Sauce (V)	Garlic Lemon Linguini (V)		
	Steamed Vegetable	Steamed Broccoli and Cauliflower	Green Bean Mix	Fresh Seasonal Vegetable Du Jour	Sauteed fresh Spinach	Vegetable Medley		
	Starch	Wedge Cut Sweet Potatoes	Cajun Steak fries	Steamed Rice	Roasted Potatoes	Rosemary Potatoes		
Inspired Eat's	Entrée and sides	Beef & Broccoli w/Rice	Sesame Glazed Chicken w/ white rice	Grilled Sausage and Peppers w roasted potatoes	Baked Rosemary Chicken w/ Steamed Vegetables	Chicken and Vegetable Pasta		
The Deli	Items available in the Deli daily: Breads include, but not limited to – Whole Wheat, Seven Grain, Sourdough, Pumpnickel, Rye, Kaiser Rolls, etc. Meats – Baked Ham, Roasted Turkey, Roast Beef, Smoked Turkey, and 1 other specialty offering. Salads – Tuna- Chicken or Egg Salad and a rotation of other composed salads. Vegetable toppings – Lettuce, Tomatoes, Onions, Red Onions, and Pickles. Cheese – American, Provolone, Swiss, and 1 other specialty offering. Condiments available – Mustard, Dijon Mustard, Honey Mustard, Mayonnaise, Yellow Mustard, Ranch dressing and Red Hot.							
Showcase Salads	Full Salad Bar featuring Always Fresh Toppings, 2 Yogurts, Cottage Cheese. Items available daily at Penne's Mediterranean Market will include a rotation of composed salads such as Chicken Caesar, Tabbouleh, Roasted Quinoa with Dried Fruits, Pesto and Tomato Salad. All of these offerings will be made from 100% Farm Fresh Vegetables.							
Slice	Items available daily but not limited to - Plain Pizza , Special Pizza , Protien topped Pizza , & or Breadsticks							
	Special Pizza	Margherita (V)	Buffalo Chicken	French Bread	Assorted Stromboli	Flat Bread		
Saturday and Sunday Brunch from Grill will be Eggs to Order. Pancakes or French Toast to Order								
The Grille	The following will be offered at every Lunch and Dinner at The Grille – Fresh hamburger, Fresh Cheeseburgers, Fresh Hand Cut French Fries, All Beef Hot Dogs, Veggie Burgers and/or a daily feature. This feature item that will be offered will be like Grilled Ruebens, Monte Cristos, etc							
	Sandwich Special	Chicken Bruschetta Wrap	Pizza Steak	Cheese Quesadillas (V)	Texas Tommy	Roasted Vegetable Wrap (V)		
Everyday Features at the Cupboard								
Belgian waffle bar syrup and a variety of toppings, 8 cold cereals, fresh whole fruits, 4 juices, whole, 2% skim, low-fat chocolate, soy (O), coffee, decaf coffee, tea (regular and herbal), hot chocolate, iced tea, 8 soft drinks (carbonated and non-carbonated), bread (white, wheat, rye, or potato)assorted bagels, peanut butter, cream cheese, butter, margarine, jelly, jams or preserves. Varieties of donuts, fresh baked muffins, Danish, cinnamon rolls, or croissants available daily. An assortment of fresh baked cookies, bars, pies, cakes, pastries, custards, puddings and a rotation of seasonal specialties.								