

Winter Dining Hall Lunch (Week 4)

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		4/15/24	4/16/24	4/17/24	4/18/24	4/19/24	4/20/24	4/21/24
Fresh Stock	Soup	Turkey Barley (LF)	Hearty Chicken Vegetable(LF)	Chicken & Corn	Chicken and Wild Rice (LF)	Manhattan Clam Chowder	Broccoli & Cheddar (V)	Broccoli & Cheddar (V)
	Whole Body Soup	Broccoli & Cheddar (V)	Broccoli & Cheddar (V)	Broccoli & Cheddar (V)	Broccoli & Cheddar (V)	Broccoli & Cheddar (V)	n/a	n/a
Spoon and Fork	Entrée	Pepper Steak	Beef Lo Mein (V)(LF)	Grilled Chicken	Sausage, Peppers, and Onions	Roasted Herb Chicken	BBQ Chicken	CheeseBurger Casserole
	Vegan/Vegetarian Entrée	Tofu Veggie Lomein (V)	Vegan Sausage & Broccoli	Quinoa Stuffed and Baked Butternut squash(VG)	3 Cheese Bake (V)	Pierogies (V)	Scrambled Tofu (VG)	Scrambled Tofu (VG)
	Side Dish	Teriyaki Sauce	Teriyaki Sauce (V)	Fettuccini Alfredo (V)	Marinara sauce (V)	Cheese Sauce(V)	Roasted chick pea W/ Vegetable	Caprese Bake (V)
	Steamed Vegetable	Fresh Mixed Vegetables (O)(V)	Peas & Mushrooms(V)	Steamed Broccoli (O)(V)	Fresh Seasonal Vegetable Du Jour(V)	Fresh Seasonal Vegetable Du Jour(V)	Fresh Seasonal Vegetable Du Jour(V)	Fresh Seasonal Vegetable Du Jour(V)
	Starch	White Rice(V)	Vegetable Fried Rice(V)	Rice Pilaf(V)	Spaghetti(V)	Roasted Potatoes	Tater Tots(V)	Tater Tots(V)
Inspired Eat's	Entrée and sides	Chinese Chicken and Vegetable w white rice	Szechuan Chicken(LF) w white rice	Chicken Florentine w gluten free pasta	Seared Herb Chicken w gluten free pasta	Rosemary Pork w roasted potatoes	Lentil Sloppy Joe(VG) w white rice	Lentil Pasta w/ Tomato Sauce and gluten free pasta
The Deli	Items available in the Deli daily: Breads include, but not limited to – Whole Wheat, Seven Grain, Sourdough, Pumpernickel, Rye, Kaiser Rolls, etc. Meats – Baked Ham, Roasted Turkey, Roast Beef, Smoked Turkey, and 1 other specialty offering. Salads – Tuna- Chicken or Egg Salad and a rotation of other composed salads. Vegetable toppings – Lettuce, Tomatoes, Onions, Red Onions, and Pickles. Cheese – American, Provolone, Swiss, and 1 other specialty offering. Condiments available – Mustard, Dijon Mustard, Honey Mustard, Mayonnaise, Yellow Mustard, Ranch dressing and Red Hot.							
Showcase Salads	Full Salad Bar featuring Always Fresh Toppings, 2 Yogurts, Cottage Cheese. Items available daily at Penne's Mediterranean Market will include a rotation of composed salads such as Chicken Caesar, Tabbouleh, Roasted Quinoa with Dried Fruits, Pesto and Tomato Salad. All of these offerings will be made from 100% Farm Fresh Vegetables.							
Slice	Items available daily but not limited to - Plain Pizza , Special Pizza , Protien topped Pizza , & or Breadsticks							
	Special Pizza	Buffalo Chicken	Taco Pizza	French Bread	Honey BBQ Chicken	Flat Bread	Plain, Speciality	FLAT BREADS
Saturday and Sunday Brunch from Grill will be Eggs to Order. Pancakes or French Toast to Order								
The Grille	The following will be offered at every Lunch and Dinner at The Grille – Fresh hamburger, Fresh Cheeseburgers, Fresh Hand Cut French Fries, All Beef Hot Dogs, Veggie Burgers and/or a daily feature. This feature item that will be offered will be like Grilled Ruebens, Monte Cristos, etc							
	Sandwich Special	Grilled Turkey and Cheese	Pesto Chicken Pita	Cowboy Burger W/ Fried Onions	Turkey Burger	Spinach Artichoke Melt(V)	omelet	omelet
Everyday Features at the Cupboard								
Belgian waffle bar syrup and a variety of toppings, 8 cold cereals, fresh whole fruits, 4 juices, whole, 2%, skim, low-fat chocolate, soy (O), coffee, decaf coffee, tea (regular and herbal), hot chocolate, iced tea, 8 soft drinks (carbonated and non-carbonated), bread (white, wheat, rye, or potato)assorted bagels, peanut butter, cream cheese, butter, margarine, jelly, jams or preserves. Varieties of donuts, fresh baked muffins, Danish, cinnamon rolls, or croissants available daily. An assortment of fresh baked cookies, bars, pies, cakes, pastries, custards, puddings and a rotation of seasonal specialties.								