

LENTEN
REFLECTIONS

TWO THOUSAND AND TWENTY-FOUR



IMMACULATA
UNIVERSITY

Introduction to Lenten Reflection Series

“Lent, however, is a season of grace, a time of conversion, where the desert can become a place where our freedom can mature in a personal decision not to fall back into slavery, where we find new criteria of justice and a community with which we can press forward on a road not yet taken.” Pope Francis

<https://youtu.be/-F4wQ6Yxlk0>



Sr. Laura Downing, IHM
Director of Campus Ministry.

Ash Wednesday

“And your Father who sees in secret will repay you.” Mt 6:1–6, 16–18

As we embark on the journey of Lent, we are invited to pour out ourselves into the person of Jesus Christ. It can be so easy to allow the person of Jesus to grow far away from us, as a far-fetched idea, and not a human being. However, Lent is a time when Christ invites us to grow into a relationship with Him and to get to know the person that He is for us.

The journey of Lent leads to Christ’s Passion, Death, and Resurrection. It is a time in which we can reflect on how truly human Jesus is. He lived and ate among His friends, He allowed His mother to care for Him, He shared laughs and smiled, and, what many of us may forget, He hurt. He knows what it is like when we are hurting because He too suffered. Jesus suffered immensely, all for the sake of our salvation, so that we may have life with Him. What a gift that is, a gift that can often be taken for granted.

In the Gospel, Jesus encourages His disciples, and us too, to not be boastful in our good deeds, in our prayers, and in who we are. There is a temptation that we all may struggle with wanting to be praised, to be told that we are good, that we are good enough to be loved. However, Christ reminds us that His Father sees all that we are and all that we do, and that itself is enough for Him to love and admire us. We are His children, just as Christ is His Son.

As Lent begins, Christ invites us to die to ourselves and live for a relationship with Him, so that we too may rise spiritually from the dead. Let us embrace this truth that just as we are enough for our Heavenly Father, our Heavenly Father, Holy Spirit, and the person of Jesus Christ are enough for us as well.

Gabrielle O’Brien

Class of 2026, Nursing.

Thursday after Ash Wednesday

“If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me.” Lk 9:22-25

In this Gospel, Jesus tells His disciples that the Son of Man will undergo great suffering and rejection in the future, but He will rise on the third day. Jesus also warns the disciples that following Him will not be easy, but those who lose their lives for His sake will have eternal life. This same message rings true in our lives today.

Jesus asks us to pick up our daily cross and follow Him. He wants us to know that while we will face challenges in our daily lives, if we pick up our daily cross and stand firm in our faith in Him, we will never be alone or without hope. Instead, we have the love and strength of God, along with the promise of eternal life.

This Gospel encourages us to look beyond our current situations and consider the bigger picture. Jesus knew that He would undergo suffering, but He assured those who believed in Him they would receive eternal life through His sacrifice and resurrection. In our lives, we will face day-to-day anxieties and challenges, but when we consciously choose to believe and put our trust in Him, even if it is not easy, we will have the clarity, strength, and love needed to overcome any and all of the trials and tribulations we face, because God has a plan for each and every one of us.

Kyleigh Brunotte
Class of 2024, Communication.

Friday after Ash Wednesday

“The days will come when the bridegroom is taken away from them, and then they will fast.”
Mt 9:14-15

In the Gospel, the word “fasting” is used in two different contexts. One context in which it is used is that the act of fasting symbolizes that a person is thought of or perceived as righteous by either others or themselves. An example of “fasting” being used in the first context within this Gospel is when it is mentioned that the Pharisees are fasting as they think themselves to be righteous. The other context in which it is used is as a synonym for yearning. People often yearn for what they are fasting from, which could either be something that is physical, such as food, or something that is abstract, such as hope. An example of “fasting” being used in the second context within the Gospel is when Jesus states that His disciples will not fast for Him while He is present and celebrating with them, however, they will do so when He leaves.

When John’s disciples questioned Jesus about His disciples fasting, in the beginning of the Gospel, their reasoning as to why they asked the question can be interpreted in both contexts of the term “fasting”. John’s disciples asking why Jesus’ disciples do not fast as they do can be seen as them thinking that they are more righteous than Jesus is. Their question could also be seen as them yearning for an answer from Jesus.

Reading and analyzing this Gospel has helped me begin to reflect on the way I talk to Jesus and how I think about others. Some questions that come to light while reading this Gospel are, “Do I find myself thinking I am more righteous than others?”, “What type of answer am I yearning for when talking to Jesus?”, “Am I constantly fasting for Jesus’ presence?” I think these questions are important for every reader to ask themselves in order to see what type of relationship one holds with themselves, others, and, most importantly, Jesus.

Emma Philbin

Class of 2026, Information Systems.

Saturday after Ash Wednesday

“I have not come to call the righteous to repentance but sinners.” Lk 5:27–32

The Gospel speaks of a tax collector, Levi, who invited Jesus to his home. Levi holds a grand banquet for Jesus in his honor. Jesus eats together with a bunch of tax collectors and others causing the Pharisees to question why He eats with sinners. To this Jesus replies that the righteous need no help from Him, but sinners do.

To me the Gospel is saying that Jesus comes to the aid of sinners. He wants to be able to help us, to heal us. Jesus wants us to be on the path of righteousness. As we are all sinners, Jesus wants to heal us all. He is ever loving and doesn't want to see us hurt. Even though we may hurt our relationship with Jesus with our sins, He'll always be there for us, to care for us, to bring us back on to the right path.

Jesus calls to us to seek Him out in our times of need – to believe in Him and to confide in Him even when we have done things of which we are not proud. All of us have been in a position where we've been scared of something or other – whether it be something that we did or something someone else did. We are scared that those actions will hurt our relationship with Jesus. But He wants to forgive us and to help us. He would never turn away from us.

This is why He invites us to call upon Him and to let Him lead us. He wants us to give all of ourselves to Him: our body, our mind, and our soul. If we allow Jesus to help us and heal us, then we're already on the right path to everlasting life. We have faith in the fact that He will be with us. We have faith in His guiding words, and we need to heed them, to learn from them. As long as we can do that, our relationship with Jesus will flourish.

Dylan Reph
Class of 2027, Psychology.

First Sunday of Lent

“This is the time of fulfillment. The Kingdom of God is at hand.” Mk 1:12–15

<https://youtu.be/Et4zKGTzKa0>



Isabella O'Rourke
Class of 2024, Nursing.

Monday of the First Week of Lent

“Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. Mt 25:31–46

In the Gospel Matthew 25:31–46, Jesus preaches about what will happen when He turns to judge all of humankind. He will separate us like sheep and goats in a herd, placing the sheep on his right side and the goats on his left. He will say to those on his right side “Come you who are blessed by my father, inherit the kingdom prepared for you from the foundation of the world”, and to the ones on the left “depart from me, you accursed into the eternal fire prepared for the devil and his angels”. Those to the left of Him will go off into eternal punishment, but those on His right side who were righteous will go with Him and have eternal life.

In this passage, Jesus explains that those who have believed in God, have lived a righteous life, and have done everything in their power to be like Christ will be the sheep that are placed on His right side and will have eternal life. On the other side are the non-believers or those who did not live their lives according to God’s will and were cast into eternal damnation.

We as followers of Christ are representing what Jesus preached about in the Bible every day. He tells us how we should live through His word and be living examples so that we can inspire other to turn their lives to Christ. God does not want to see His people go down the wrong path to destruction; He wants us all to turn away from our wicked ways.

Khalil Reed

Class of 2024, Criminology.

Tuesday of the First Week of Lent

“Your Father knows what you need before you ask him” Mt 6: 7–8

I am eternally grateful that we have a generous Father in Heaven. He not only knows all our needs, wants, hopes, and desires, but he intentionally provides for us and blesses us without our asking. He knows what we need more than we know what we need. He wills our good more than we will our own good. He wants Heaven for us more than we want Heaven for ourselves. He loves us more than we love ourselves. I have been thinking about how much God delights in us recently and how much we mean to Him. We are His prized jewels and His beloved children. Although he does not need us, He treats us as though we are His everything. When I let these truths sink into my heart, I do not understand why I have doubted His providence, why I have not trusted Him with childlike faith and hope, and why I have not been confident in Him at all times and in all circumstances.

The more God shows me how much He loves me, and the more I let Him love me, the more trust and confidence I have in Him. At the end of the day, I do not think that we do not know God because we do not love Him. I think that we do not love God because we do not know Him. Today, I challenge you to ask God how much he loves you. Ask Him to open your heart to all the ways He is intentionally working in your life. He is invested in you. Once we realize that not only in our minds, but in our hearts as well, we will not babble like the pagans do. Instead, we will trust that God is taking care of us always.

Heavenly Father, thank you for hearing all my spoken prayers and unspoken desires, and answering them according to your Holy Will. Please give me the grace to trust you and ask big things of you like Saint Teresa of Avila taught us, for we know that you delight in our childlike faith. Even if our prayers are not answered the way we want, please help us understand that you always act according to our best interests. In Jesus name, Amen.

Julia Darlak

Class of 2024, Nursing.

Wednesday of the First Week of Lent

“At the preaching of Jonah, they repented” Lk 11:29–32

“There is something greater than Jonah here.” There have been no simpler, yet powerful, words spoken to us, the children of God. How often do we in our lives take advantage of the blessings we have in this life, specifically the gift of Christ our Redeemer? Through the Incarnation, the Son of God came down to earth as the Savior of all humanity. Do we truly take the time to appreciate so great a gift? The all-powerful and all-knowing God dwelt among us with tremendous wisdom and love.

Throughout the course of biblical history, many prophets and rulers bore witness to Christ and possessed many gifts to reveal God’s message to all of us, such as Daniel with the gift of courage and Solomon with the gift of wisdom. What must be known is that in this exact time of need, there is something greater than even the most effective of God’s messengers -- God Himself, living among us and dwelling with us.

Through our trials and tests throughout this season of Lent, may we always come to recognize the greatest gift of all, the presence of Jesus, living and dwelling among us. The Lord, in all of His might and power, took on the form of an innocent child, suffering servant, and sacrificial lamb, to prove His love and care for each and every one of us. This gift is unlike any other. There truly is something greater than Jonah for all of us, the followers of Christ.

Matthew Sabat Jr.

Class of 2026, Business Management.

Feast of the Chair of Saint Peter, Apostle

"You are the Christ, the Son of the Living God." Mt 16:13-19

One piece of advice which I have heard and with which I agree is to make the faith your own. Though having a friend, mentor, or loved one who loves Jesus may encourage you to grow closer to Him, you must develop your own, personal relationship with Jesus in order to truly love Him for yourself. This philosophy applies to other areas of life, too.

Can you really love a school, activity, food, song, movie, or book if you haven't experienced it for yourself?

In today's Gospel, Jesus first asks His followers what others think of Him, to which they answered, "Some say John the Baptist, others Elijah, still others Jeremiah or one of the prophets." "But who do you say that I am?" is the question with which Jesus responds. Two thousand years later, this question and our answer to it still matters. Who do you say Jesus is? Who is Jesus to you?

It can be difficult to answer this question in an honest way. We may follow Peter's lead and say that Jesus is the Son of God, but, unlike Peter, we may say it simply out of habit or out of a feeling of obligation to believe it. Also, we may worry about having the "right" answer or not.

Regardless of how close or far from Jesus you feel, He is beside you and wants to grow closer to you—unique, irreplaceable you. For me, I mainly pray to God the Father and don't really talk to Jesus that much. Maybe ways that will help people like me are to read *Rediscover Jesus*, go on a retreat, listen to a podcast, read the Gospels, talk to a spiritual director, join a Bible study group, watch *The Chosen*, etc. Every person's faith experience and relationship with Jesus looks different. Answer the question Jesus poses in this Gospel for yourself. Developing a personal relationship with Him in a way that works for you will help you to know and love Him even more.

Amanda Fennell

Class of 2027.

Friday of the First Week of Lent

“Go first and be reconciled with your brother, and then come and offer your gift.”

Mt 5:20–26

Today’s Gospel tells us that we do not enter Kingdom of God when we judge and hold grudges against our neighbor. It is very common today that we compare how others live their lives to how we ourselves live our lives. We tend to gossip, rumor, and lie about how one person or multiple people act on a daily basis. I too admit that I can find myself judging other people, especially one of my next-door neighbors. Jesus tells us that passing judgment and holding grudges is just as sinful as murder. In Luke 23:34, even while being nailed to the cross, Jesus cried to our Heavenly Father, “Father, FORGIVE them, for they know not what they do.” Jesus died for love of us, so that we will be saved from eternal suffering. We must pay His sacrifice forward through love of our neighbors as ourselves. We do not love when we judge.

Avoiding judgment may be challenging, but it is achievable. Yes, we all want to live according to the Commandments and Jesus’ teaching, but we must also remember that God gave all of us free will. We ourselves must choose to live like Jesus and let God’s will be done unto us. We cannot force others to do the same. They too must choose freely.

God is the final judge in everything. We cannot live spiritually with hatred and prejudice. We need to live with love and acceptance. As we follow Christ’s footsteps in our Lenten journey, it is time to love and not judge. We need to be accepting and forgiving. It’s challenging but achievable. Loving one another is the pinnacle to proclaiming Christ’s message to all nations of the world.

Christopher Ramones

Class of 2027, Nursing.

Saturday of the First Week of Lent

“So be perfect, just as your heavenly Father is perfect.” Mt 5:43–48

Imagine Jesus sitting with His friends and telling them to love their enemies and pray for those who persecute them. What was their reaction? What is your reaction?

How often does the world still tell us we should ‘hate our enemies’, that we shouldn’t love people until they do the same, or we get something out of them? Loving our enemies sounds like a nice, uncontroversial idea, but when I think of people who challenge me, people who have really hurt me, my natural human response is to put up walls and hold grudges. When I hear this Gospel, I imagine myself saying to Jesus, “How can I be expected to love the people who don’t love me? It’s too hard when I remember the hurt, they have caused me.” But then I imagine Jesus *lovingly* reminding me that even when I hurt Him, in the moments that I don’t love Him well, He never stops loving me with His whole heart.

The love Jesus expresses is different from what we are used to. It has no bounds. He makes himself humble and vulnerable enough to give all His love— even give up His life— when He knows it may not be returned. This Gospel is a call to receive this love… and then to love like God does. Each of us is given so much love we don’t deserve. If the Father “makes His sun rise on the bad and the good”, then it’s not up to us to pick and choose to whom we give this love.

The hopeful news is that Jesus does not leave us to do this alone! He knows that we actually can’t love people from our own hearts without His help. That’s why He came to show us how to love. And that’s why He continues to fill us with His love every day! Today, let’s ask Jesus to help us understand how unconditional and boundless His love is. How can we let Him love others through us? Who are we being called to love today?

Rebecca Lorenz

Class of 2025, Exercise Science.

Second Sunday of Lent

“This is my beloved Son. Listen to Him.” Mk 9:2–10

<https://youtu.be/JcjhKhUwJVo>



Luke Misky

Class of 2025, Communication.

Monday of the Second Week of Lent

“The measure with which you measure will in return be measured out to you.”

Lk 6:36-38

A common saying we were all taught when we were little states, “Treat others as you want to be treated.” We all love when a stranger in the store holds the door open for us and tells us to have a good day. On the other hand, we are quick to judge the stranger that doesn’t hold the door open for us and doesn't glance at us twice. We are quick to assume that person is rude, but would we want someone to assume that about us? Maybe they were in a rush somewhere or didn’t take notice of us walking behind them. Either way, we would not want someone to judge us in this way. We all know that our Father would not judge us on something as petty as that and would forgive us even for our worst sins, so isn’t it only right that we treat each other that way?

The Gospel states, “Be merciful, just as your Father is merciful.” God shows us how to love and forgive and we have two options: pass it on to others or keep it to ourselves. Our Father wants us to pass it on and show others the grace of God. If we choose to keep it to ourselves, God will judge us the way we choose to judge others. The option of passing on God’s grace is a decision we make every day. We can choose to help and not judge our classmates the way God has intended.

This is a good message to share with the Immaculata community because it shows that if we treat others the way our Father wants us to, he will treat us in the same way. If we forgive our friends for something the same way God would, he will forgive us. If we do not judge our classmates, God will not judge us. Treat others the way you want to be treated. Treat others the way we want our Father to treat us.

Athena Kritikson

Class of 2026, Chemistry.

Tuesday of the Second Week of Lent

“Therefore, do and observe all things whatsoever they tell you, but do not follow their example.”

Mt 23: 1-12

This excerpt from the Bible sees Jesus addressing a large crowd and his disciples. He is speaking about the Scribes, the Pharisees, and other men in power. He tells the crowd that these men have taken a seat in the chair of Moses which means that they have put themselves in the position of the teacher. Basically, their word is law. Jesus tells the masses to follow their orders, but not to follow their example. He then denounces the men in power, saying that everything that they do is in pursuit of power. Their only goal is to improve their resume. They love to be revered and called “Rabbi.”

Jesus then shifts focus. He tells the crowds that they should never be called “Rabbi” or “Master.” There is only one master, and it is God. This is the reason that the greatest among them must be servants. Jesus goes on to say one of my favorite quotes, “Whoever exalts himself will be humbled; but whoever humbles himself will be exalted.”

I am a very big fan of this Gospel. In today’s world, it is very easy for all of us to get caught up in ourselves. Everything is about competition and beating the other person. This happens because if people are not competing with those around them, then they will be left behind. I think this leads to people being seen as obstacles on the way to the ideal future of having a good job and earning plenty of money. I think this is exactly what Jesus is warning against in Matthew’s Gospel. The pursuit of power, money, and prestige is useless at the end of the day. It is so easy for all of us to want to become “masters” (or the modern equivalent), but I think Jesus is reminding us that, to God, none of this matters. If we serve him, we will always be rewarded.

Christopher Watson

Class of 2026, Cybersecurity.

Wednesday of the Second Week of Lent

“Whoever wishes to be great among you shall be your servant” Mt 20:17-28

In this Gospel reading, we see the two sons of Zebedee, Jesus’ Apostles, with their mother ask Jesus to sit “one at your right and the other at your left, in your kingdom”. Jesus tells them the theme we hear time and time again throughout the Gospel: the first shall be last, and the last shall be first. The “greatest” among you, He says, shall be your servants. This may seem discouraging to some, but if we look at it from a redemptive lens, we can experience relief!

Everyone strives for greatness to some degree in their own lives. We as human beings are always on the chase for a sense of accomplishment for our lives. We must keep in the front view the fact that Jesus is our true fulfillment of accomplishment, of which the highest goal should be heaven. Jesus tells us that in order to reach heaven, we must be so humble and submissive to God’s will that we are willing to give ourselves up – to become the least instead of the greatest in our communities. To be humble and to surrender our whole selves, including our own will, takes work, but the reward we receive will be worth everything -- Heaven, the ultimate goal, our infinite source of joy and fulfillment with our Lord forever. When we think about things this way, we can use Jesus’ commandment as encouragement and strive for humility as the crown jewel, the ultimate sacrifice: ourselves.

We can do little things every day to help build up our virtue of humility, whether it’s giving someone a compliment, being a genuine listener, paying for someone’s coffee, etc. Things like letting go of grudges, practicing true forgiveness, cutting out gossip, etc. are harder and take more discipline, but, as we remember, the reward is truly worth it. Humility is kindness and we will find ourselves more renewed the more we practice it.

Natalie Hornberger

Class of 2026, Elementary Education.

Thursday of the Second Week of Lent

“Father Abraham have pity on me.” Lk 16:19–31

In this week's Gospel, Jesus tells a parable of a wealthy man who lives luxuriously and enjoys a feast while a poor man, Lazarus, sits starving while dogs lick his sores. When both men die, the rich man sits in anguish begging Abraham and Lazarus, who are both in heaven above, for some sort of relief. When the rich man realizes he has enjoyed his paradise on earth, he begs Abraham to warn his living brothers; however, Abraham replies that they have the prophets to teach them.

While this parable may seem dark, mysterious, and perhaps even depressing, it presents many wonderful and apparent truths. Jesus emphasizes several times in his teachings that the poor on earth will be rich in heaven, but this Gospel highlights the theme of awareness and the similarity between doing evil and failing to do good. Although we may find it difficult to relate to the characters in this parable, we should pay special attention to the rich man. The rich man's flaw in this parable is not the evils he has committed, but his lack of love. The rich man does not cause Lazarus to starve, but he allows it to continue. The rich man does not cause Lazarus to develop sores, but he allows the dog to lick them. The rich man fails to act in love which, in effect, allows evil to continue.

In our lives, we often judge ourselves by the evils we've committed or the evils we've avoided, but we very rarely look into ourselves and ponder the good we've failed to do. We can always long to be better, to be more loving. As Christians, we are called to go out of our way to help others. Just as the rich man begged Abraham to warn his living brothers, we should remember that in our lives, we have many opportunities to learn.

Jimmy Dilks

Class of 2025, Finance.

Friday of the Second Week of Lent

“Rather, let us sell him to these Ishmaelites, instead of doing away with him ourselves. After all, he is our brother, our own flesh.” Gn 37:3-4, 12-13a, 17b-28a

The first reading from Genesis reveals that Israel loved his son Joseph more than all his brothers since he was the son of his old age. Israel even showed his affection for Joseph by making him a long tunic. This made Joseph's brothers despise him, so they planned to kill him since they were jealous. One of his brothers, Reuben, suggested that they just throw him into a well in the desert instead of taking his life outright. When Joseph arrives, they strip him of his tunic and throw him into the well.

I read this scripture passage in sections to understand God's message better. I put myself in Joseph's place and thought that it must have been hard for him to trust God's plan. Judah told his brothers not to kill Joseph since they would have to hide the evidence; instead, they sold him to the Ishmaelites for 20 pieces of silver. I'm sure Joseph would have been scared and sad to see that his brothers would do such a thing to him.

Some of the things I learned from this story are that God can reverse the ill intentions of others and accomplish His plans. I've learned to trust God's plan and timing, even when it is hard or there are obstacles, Joseph's story shows us what it looks like to trust in God's important plan for us. Even though we cannot see God's plan, this does not mean he is not working on it. I believe that God has a greater purpose for our lives if we trust him. Joseph held onto the belief that God was working behind the scenes. As Joseph believed in God's plan, we should too.

Consuelo Barcenas

Class of 2027, Early Childhood Education.

Saturday of the Second Week of Lent

“Now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.” Lk 15:1-3, 11-32

Oddly enough, the story of the Prodigal Son is my favorite Gospel story. We can all relate to the different characters in the story at some point in our own lives. God’s message is simple in this Gospel -- God’s unconditional love for us is more powerful than any sin that we can have. God rejoices when His children come home to Him.

Being the youngest brother of two older siblings, I was often referred to as the prodigal son – never satisfied, always wanting more. Is this not us today? Are we not satisfied with the many gifts that we are given from God? Even when we turn against all the gifts that God has given us and we are not worthy, God still forgives us for our sins. He is so joyful and celebrates when we return to His love. “This son of mine was dead and has come to life again; he was lost and has been found.” God loves His children who return to Him.

How often in our lives do we feel that we do not get the recognition we deserve? We can all relate to the oldest son, who continues to do the right thing and never abandoned his Father’s side. Why do we struggle with jealousy when others get recognition for what we think we deserve? God calls us to be happy for others. We are reminded that our reward is staying connected with God. God calls us to be happy and rejoice for our brothers and sisters who have found their way back to the Lord.

All of us have our highs and lows. God calls us to forgive others as He forgives us, and to rejoice in the Lord’s love and mercy. God wants all of His children to be happy. A Father only wants the best for his children. God wants us to be happy with our gifts and live a life in His love.

Daniel O’Rourke

Class of 2025, Communication.

Third Sunday of Lent

*“His disciples recalled the words of Scripture, Zeal for your house will consume me.”
Jn2:13-25*

<https://youtu.be/tXvghJh1BMM>



Peter McHugh
Class of 2024, Nursing.

Monday of the Third Week of Lent

“Amen, I say to you, no prophet is accepted in his own native place.” Lk 4:24–30

In the today’s Gospel, we read about the doubt of the people in the synagogue. Jesus begins this passage by saying to the people, “Amen, I say to you, no prophet is accepted in his own native place.” With these words, Jesus relays to these people that although they fail to believe that He is the Son of God, this does not change His mission. The Jews during Jesus’ time could not accept him as the Messiah, the One who had come to bring salvation to the world. However, despite their uncertainty and rejection of Jesus and the plan He came to fulfill, Jesus would continue to spread the Good News of Christ. As we reflect on the Gospel reading today, we must ask ourselves when we have acted in the same manner as those in the synagogue. When have we allowed fears and doubts about our life or our faith to halt the plan that God has set forth for us?

Because we live in a society that highly praises individualism, we often believe that we are the only people who know what is best for us. Although this may seem true at certain times in our lives, we must not forget the plan that God has communicated to us through the incarnation of His Son, Jesus. Jesus did not become man to preach of perfection; in fact, this would have defeated the purpose of His becoming human at all. Through this Gospel reading, we can recognize that even Jesus, the Son of God, was rejected by many. However, despite this rejection, He continued to complete the mission He was sent by God to accomplish. This poses the question that if a divine man cannot escape the realities of rejection, fears, or doubts, how are we as humans supposed to do so?

The fears and doubts we have about our lives and our faith will sneak up on us when we are most vulnerable. However, we must always remember that Jesus, a man rejected and outcast by His own people, rose above the worldly fears and doubts that He faced, continued to preach the Word of God, and fulfilled His mission as Savior of the world. Because Jesus knew that this was the plan God had set forth for Him, He recognized that matters of the world, such as fears, doubts, or rejections, would mean nothing when compared to the plans that God had for Him.

Therefore, as we continue to reflect on our lives throughout this Lenten season, let us always remember that although the road ahead may seem rocky and imperfect in every way, the Lord will always find a way to make known His will for our lives and bring us back to the unique and beautiful plan He has created for each of us.

Gabrielle Roberts

Class of 2026, Psychology.

Tuesday of the Third Week of Lent

"I say to you, not seven times but seventy-seven times." Mt 18:21-35

In this week's Gospel from Matthew, Jesus responds to Peter's question about just how many times someone should forgive by telling a parable of master and servant, of debt and forgiveness. He enlightens Peter, to whom He would one day give the keys to His Church, about just how true forgiveness works. Jesus and Saint Peter's relationship is one built on forgiveness, as can be seen in the Garden of Olives prior to Christ's passion, when Jesus comments that Peter's "spirit is willing, but the flesh is weak" (Matthew 26:41). This very same man would deny even knowing his Savior three times, all while Jesus was being scourged and tried for a crime he never committed. Jesus forgave Peter, and Jesus forgave so many, even his executioners.

In the parable, Jesus tells of a servant who begs his master for forgiveness of a large debt, but later threatens and imprisons another servant for his much smaller debt. How many times do we do the very same thing? How hypocritical can we be? Jesus says the Kingdom of God is one of forgiveness, and whoever seeks to enter, must forgive "not seven, but seventy-seven times."

This does not literally mean that when someone offends us for the seventy-eighth time, we do not forgive; instead, Jesus speaks of an abundance of forgiveness and how necessary it is in life. This is where we must choose to forgive constantly, even when it's difficult. When we do this, we can feel the radical change in our hearts only possible with Jesus' help. Jesus tells us to "forgive your brother from your heart," or face the punishment, as one cannot enter heaven with hate or unforgiveness in their heart. For this reason, forgiveness is critical.

When something happens that may seem so horrible, so unforgivable, ask for God's help, as the ability to forgive is simply not achievable on our own. This Lent, run to Him, beg for forgiveness of your own debts, be just as forgiving as Our Lord is, and live as he teaches this week in the Gospel. Keep in mind His sacrifice and his incomprehensible forgiveness as He hung painfully on the cross for all of us. Consider how many times He forgives our debts, and when faced with difficulty, recall His words "Father forgive them, for they know not what they do." Jesus embodied forgiveness, and He illustrates it for us as He promises paradise and forgives the penitent criminal crucified by His side. Take hope in this and seek Christ and His infinite forgiveness and mercy always.

Karl Wissmann

Class of 2027, Communication.

Wednesday of the Third Week of Lent

“Do not think that I have come to abolish the law or the prophets. I have come not to abolish but to fulfill” Mt 5:17–19

The Gospel today invites us to trust in God’s plans and to profess His Word. Jesus explains to His disciples that His law will remain unchanging until it has been fulfilled, and until heaven and earth pass away. In this, Jesus is assuring us of His plans for us and for the world, so we need not worry. Even though it is extremely easy to submit to fear and anxiety about the future, it is important to remember that God is the One in control, especially as we are heading further into the unknown territory of adulthood. The Gospel today also discusses that “whoever obeys *and teaches* [...] will be called the greatest in the Kingdom of heaven.”

It is common knowledge that we are called to obey the commandments, but that alone appears to be insufficient. Jesus calls us to teach, to profess the commandments.

This can be intimidating because sometimes the people around us (family members, friends, etc.) have turned away from the faith. But we must remember that great is our reward in Heaven.

Abigail Helm

Class of 2026, Secondary Education & English.

Thursday of the Third Week of Lent

“But if it is by the finger of God that I drive out demons, then the kingdom of God has come upon you.” Lk 11:14–23

Jesus begins this Gospel by driving out a demon from a possessed man. He did this fully aware that the people around him would try to question and test him. He is accused of casting out the demon by the power of Beelzebul, the prince of demons. Jesus, however, refutes these accusations when He says, “Every kingdom divided against itself will be laid waste and house will fall against house.” Jesus showed His power and authority when He did this. When He cast out the demon, even the demon shuddered at the name of Jesus and obeyed His word. This first section challenges us to recognize the authority that Jesus holds in our lives and encourages us to trust in His power. No obstacle can keep us away from God.

Jesus continues by saying, “But if it is by the finger of God that I drive out demons, then the Kingdom of God has come upon you.” Jesus is emphasizing the arrival of the Kingdom. Lent is ultimately a season of repentance and preparation for His resurrection and is a time to reflect about the life of Jesus, and on the many miracles that He performed to spread His word. In this Lenten season, we should ask God for guidance so that we may all be made an instrument of His will.

Jack Lima

Class of 2027, Exercise Science.

Friday of the Third Week in Lent

"You are not far from the Kingdom of God." Mk 12: 28-34

On Friday of the Third Week of Lent, the Gospel discusses the two greatest commandments and their importance in our lives. To love God with all your heart, soul, mind, and strength is to put Him first. To love your neighbor as yourself is to know that God has a plan and will reward those who follow Him.

In only one semester at Immaculata, this University has made it easy for me to have access to my faith. In addition to being convenient, going to Mass every Sunday in the same building as my dorm room has become part of my weekly routine. Immaculata has created a nurturing atmosphere where faith becomes an essential component of the student's journey, going beyond just offering a place of worship.

Finding ways to meet new people when I started at Immaculata was tough. What was the most challenging was finding the right people. Reading through this Gospel, I have thought about the number of people that God has brought into my life. Both good and bad, each one has had a reason for being there. Even when someone contradicts my values and creates frustration within me, I remember what Jesus teaches us. I am guided by my faith and the lesson this Gospel provides. I take this into college as I go through many uncomfortable beginnings, and I understand that not everyone is easy to get along with. This Gospel has allowed me to connect with the two greatest commandments and share Christ's love with others.

Christina Lenzo

Class of 2027, Business Management.

Fourth Sunday of Lent

“One thing I do know is that I was blind and now I see.” Jn 9:1–41

<https://youtu.be/DjdPxdesOb0>



Catherine Haas
Class of 2025, Psychology.

Monday of the Fourth Week of Lent

“You may go; your son will live.” Jn 4:43–54

When Jesus traveled to Galilee, he performed two miracles for the people. In his first miracle, he literally changed water into wine through divine intervention. The Gospel then explains another miracle that Jesus performed that was much more jaw-dropping. In the city, a man came to Jesus asking him to heal his child. Jesus responded, “Unless you see signs and wonders, you people will not believe” (Jn 4:43–54). This is a very eye-opening statement from the man that we all know as kind and selfless. He seems frustrated that no one believes he is the son of God until he proves it with a miracle. Even though frustrated, Jesus tells the man that his son will be saved. Sure enough, when the man returns to his home, he finds that his boy has been healed. It is truly amazing that Jesus had the ability to cure someone he had never met before and is nowhere near him. Jesus did not perform this miracle before a crowd because he had no intention of impressing anyone. Instead, he saved this boy out of the goodness of his heart.

The most important piece to this puzzle is that the man believed. Before he arrived home, he already believed, without seeing, that Jesus had saved his child. This allows us to understand that we simply need to believe in Jesus and his wonders for Jesus to make his impact on our own lives. We cannot see or touch God physically, so it is often very challenging to believe. We need to understand that even though we cannot see what we believe to be the “image” of God, we can still see his work in our lives. The beauty of the world and nature, the feeling of loving and being loved are all ways that really show us how amazing and real God is in our lives.

Declan Kearns

Class of 2026, Exercise Science.

Tuesday of the Fourth Week of Lent

“Rise, take up your mat and walk.” Jn 5:1-16

Jesus healed a man on the Sabbath, breaking Jewish law. This was significant because Jesus knew that He would be persecuted by the Jewish leaders for not following the law. Jesus challenges us in this Gospel to do God’s will when it breaks the societal expectations. He reached out to the marginalized people who felt left out, and He treated them with respect.

We are called to see the face of Jesus in everyone we meet, including strangers, classmates, acquaintances, professors, and those we pass by on campus. Many times, we fall short due to peer pressure and choose not to listen to God’s voice. As Christians, we are called to stand out and spread the Gospel message. We are called to help those in need and serve the same way Jesus did. Every person we meet was created in the image and likeness of God and is entitled to be treated with dignity. Everyone has their own God-given gifts that they have received to help serve God and His people. We also must embrace the uniqueness of our neighbors by seeing the face of God in everyone we meet.

Every person is created with a unique plan and purpose that God has made.

Bridget Cooper

Class of 2026, Music Therapy.

Wednesday of the Fourth Week of Lent

“Whoever does not honor the Son, does not honor the Father who sent him” Jn 5:23

The message of today’s passage is quite simple. In the Gospel, Jesus confirms that He is the Son of God, that His will is the same as the Father’s will and His works are the same as the Father’s works. He also states that any who believe in Him will be saved, and those who don’t will not. It is unusual for Jesus to be this direct in His teachings as He often speaks in parables and metaphors to communicate His message. His stance in today’s Gospel is controversial at best to the Jews around him, and sacrilegious at worst. As the Gospel itself says, Jesus claiming to be the Son of God is equivalent to claiming to be God’s equal. Jesus is often at His most direct with His most controversial teachings. The same pattern follows when He calls Himself the “Bread of Life,” claiming we must eat His flesh and drink His blood. He is straightforward and direct, brutally so, and loses many followers because of it. However, He needed to be firm in His stance so that this truth could not be denied as His teaching.

Many times, the truth about something must be shared, even in the face of conflict and scorn. Telling hurtful truths to other people, even if it may cause conflict, is something I have struggled with personally. It is good to be gentle, when possible, but sometimes it is just not possible, and for Jesus in this passage, it certainly was impossible to reveal this truth gently.

Aidan Curry

Class of 2024, Psychology.

Thursday of the Fourth Week of Lent

“The works that the Father gave me to accomplish, these works that I perform testify on my behalf that the Father has sent me.” Jn 5:31-47

My child, who do you say that I am? This is the question that comes to mind while reading today’s Gospel. In these sixteen verses of Scripture, Christ provides three proofs of His being God. He first refers to the witness of John the Baptist, then to the many wonderful miracles that He has performed, and last, but not least, to Scripture itself and the abundance of Old Testament prophecies coming to fruition through Him. When Jesus says, “You search the Scriptures…even they testify on my behalf. But you do not want to come to me to have life,” He is sending a bold message to the Biblical experts, the Pharisees, whom He is addressing directly. While these men pore over Scripture for days and hours on end, they fail to see the entire point of Scripture, its crowning glory, the Word Himself for who He truly is the Lamb of God. They are blind to the reality that Christ *is* God.

In today’s society, a variety of opinions regarding the identity of Jesus exist. Some say that Christ was a prophet, while others believe that He was a lunatic. However, who do we, as Christians, say that He is? Do we see Him simply as a good man, whom we can selectively follow and abandon, or do we see Him as our Lord and Savior, our best friend, the lover of our souls? Furthermore, if we do identify with Christ as He truly is, do we act like it or simply mouth empty words? Do *our* words and actions give witness to Christ’s Kingship as *His* miracles did?

Fortunately, the Blessed Virgin Mary, the antithesis of the Pharisees, is a beautiful example of what it means to be a mirror of Christ through our living witness. Every one of her actions, especially her “yes,” her *fiat* to be the mother of the Savior, is God-oriented. As a result, we can look to the Blessed Mother, throughout this Lenten season and beyond, for guidance on how to proclaim the identity of Christ, especially through our daily lives.

Rose Lindsey

Class of 2026, Elementary and Special Education.

Friday of the Fourth Week of Lent

“Yet I did not come on my own, but the one who sent me whom you do not know is true.”

Jn 7:1-2, 10, 25-30

This reading from John’s gospel talks about no matter what Jesus said and did, nobody believed him. They mocked him and sent him to be tortured, saying that if he were the Son of God, then God would protect him from pain and suffering. Even after all the torture and pain that Jesus endured, he still did not give in or fight back. Instead, he forgave the people torturing him.

This passage suggests that even when everybody doubts you, betrays you, tortures you both mentally and physically, you should not give in or fight back. Instead, you should treat those who persecute you as you would any other person. Even if somebody tries to break your mind, your spirit, your soul, you can never give up. Getting through even the most tragic and difficult experience can make you grow and become a better person in the end.

Michael Myers

Class of 2025, Criminology.

Saturday of the Fourth Week of Lent

“Never before has anyone spoken like this man.” Jn 7:40–53

In today’s Gospel, the crowd listening to Jesus debates whether he truly is the Christ. The Pharisees, who strictly observed the law and the scriptures, point out that scripture says Christ will come from Bethlehem, not Galilee, from which this Jesus comes. They do not seem to be inspired by the voice and words of Jesus as are others in the crowd. A guard and a man named Nicodemus, who is one of the Pharisees, try to persuade the Pharisees to listen to Jesus before denying him, but the Pharisees have hardened their hearts to accepting Jesus and his message.

John’s Gospel reveals the importance of opening our hearts and minds to Jesus and others. The Pharisees are closed minded. They are blinded by their pride and what they think to be true and are not able to listen. On the other hand, the guard and Nicodemus are characters who are able to listen. Nicodemus, a Pharisee, is still open to having his heart changed by Jesus. Importantly, after they have listened to Jesus, they share their new truths with those who have closed their minds.

Lent is a time of inward reflection and transformation. Let us turn to our hearts and see where we are prideful and close minded like the Pharisees. Where do we condemn others before hearing them? Where are our hearts hardened and not open to seeing Christ? What might Jesus be challenging us to change in our way of thinking during this Lenten season? After reflection, let us also try to share how our hearts have been changed by Jesus with another today.

Abigail Yarrison

Class of 2024, Digital Communications.

Fifth Sunday of Lent

“Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God.” Jn 11: 1-45

https://youtu.be/j-PE3lx_Ir8



Gerard Faia
Class of 2024, Cybersecurity.

Monday of the Fifth Week of Lent

“Neither do I condemn you. Go, and from now on do not sin anymore.” Jn 8:1–11

How many times have you gone to Confession and feel finally clean, and then it doesn't take more than a day to fall into sin again. It is part of our human nature to fall, and though we cannot help our helpless tendencies, we should not use them as a crutch to get by in life. As a person who tends to take things literally, being afraid that Jesus would want me to not sin anymore seems like a high but loving request. We know that He asks us this because He does not want us to stray from Him, which is the result of sin. But, in this Gospel, I think this statement is said in such a blatant way so that it stands out and we are called to think upon the request from God. He knows us better than ourselves, including that we will continue to sin, even after we confess. As long as we as humans are actively trying to break toxic cycles in our lives that produce pain and suffering, a fruit of sin, we are living Jesus' request.

Mia Mullen

Class of 2025, Nursing.

Solemnity of Saint Joseph, husband of the Blessed Virgin Mary

*“Joseph, son of David, do not be afraid to take Mary your wife into your home.”
Mt 1:16, 18–21,24a*

<https://youtu.be/kLdHiLUtBZI>



Elijah Babcock

Class of 2025, Psychology & Theology.

Wednesday of the Fifth Week of Lent

“If you remain in my word, you will truly be my disciples, and you will know the truth and the truth will set you free.” Jn 8:31-42

In today’s Gospel, we hear the Jews resent Jesus and they do not believe that He is from God. Jesus said to those who believed, “If you remain in my word, you will truly be my disciples, and you will know the truth, and the truth will set you free.” Knowing the truth -- what does this mean? Knowing *Him*, knowing that Christ is truly the way, the truth, and the life. Through Him, we can understand the fullness of His Divinity and receive the countless graces offered to us daily. In finding the *truth*, we must reflect on ourselves and listen to when Christ is knocking on the door of our hearts. Sometimes, we do not like what we see in ourselves. But there is familiarity there, so we do not change or take action to be better, hard as it seems. However, Christ sees our struggle and if we ask Him, He will lead us to the truth in ourselves.

Lent is a time of self-preparation and preparation of the soul to receive Christ and life’s crosses with open arms. Adversities are the greatest revealers of truth because it is in those times that we realize what is missing but also see what we gain. Adversities lead us to Christ, the one Truth, because it is in those times of greatest struggle that we cry to Him for help. Beside Him, our Blessed Mother extends her arms to us and wraps us under her loving mantle to comfort us when we stumble. As a child looks up to his mother for help, so can we seek assistance from our Blessed Mother. It is through her intercession that we can become closer to her Son, Jesus Christ. This Lent, let us remember as we struggle to keep hold of our offerings, whether it is the promise of more prayer time, giving up the little pleasures we enjoy, or setting time to reflect on ourselves before the Blessed Sacrament, we can find the truth by simply letting God work through us and humbly ask for His graces as we continue the tasks of our daily lives.

Regina Jelski
Class of 2025, Music.

Thursday of the Fifth Week of Lent

“Amen, amen, I say to you, before Abraham came to be, I AM.”

In the Gospel for Thursday March 21st which is John Chapter 8 verses 51–59, Jesus is addressing the Jews in the temple. He mentions many things such as Abraham, Death, Eternal life, Glory and (at least in their view) some bold claims that seem to really tick off the people in the temple. First, they resort to questioning the legitimacy of Jesus’ claims and they also claim He is possessed. Then, once Jesus (in their view) goes too far, the people in the temple decide that violence is the only justified action, so they attempt to stone him. Luckily, Jesus somehow has enough time to abscond out of the temple before they could do anything.

I think what Jesus is trying to say here is that if you follow the will of God then you will not truly die. You might die in the sense that you are gone from your body, but you still have eternal life in Heaven. Speaking of death, my grandpa recently passed away, but this scripture made me feel a little better because it reaffirms the teaching that life continues in heaven through Christ.

Brian Clark

Class of 2024, Psychology.

Friday of the Fifth Week of Lent

"I have shown you many good works from my Father." Jn 10:31-42

In today's Gospel, we hear about the Jews retaliating against Jesus' claim that He is the Son of God. Jesus tells them that they should believe in His actions because He is performing the work of the Father, and He departs to the Jordan before they are able to arrest Him. After this, many people came to Him and began to believe in Him.

It is easy to struggle to believe in things that go against what we know, or even what we want. This is what the Jews struggled with; they did not want to believe that Jesus was both fully man and fully God. In our lives, God calls us all to a specific purpose and like the Jews in the Gospel, we may not want to believe it. It can be difficult to open not only our ears but also our hearts and minds to God's plan for us. We must take off our rose-colored glasses and truly allow God's call to manifest itself in our lives.

As college students, this is especially important because we are discerning God's plan for our futures, our careers, our relationships, and our ways to serve Him best. It is important through confusion and discomfort to make sure we focus on God's words and actions. If we focus on His actions, as Jesus tells the Jews in the Gospel, then we will discover God's true plan for us. This may not be a comfortable experience, but when we believe in Jesus, He will be our guide. Like those who came to Jesus at the Jordan and began to believe in Him, if we go to God, our questions about what to do will be answered in His time.

Abigail Butkovich

Class of 2026, General Science.

Saturday of the Fifth Week of Lent

"I will make them one nation upon the land, in the mountains of Israel." Ez 37:21-28

My reflection on this scripture passage suggests that Our Lord God will always take us under His wings no matter where we have been in our past. He corrects us when we are in need and returns us to the right path. Many of us pray, and some of us receive from Our Lord God our hope that we never be separated from our peers or loved ones.

Those of us who give our lives to Him will receive eternal life by His side. We will receive the peace we desire. He guides us, He helps us, and He cures our wounds.

I experienced a tough time in life when I desperately asked for help, in my own mind at least. After I had lost someone so dear to my heart, I went silent, struggling to seek help because of my sadness. During the years of depression, by the grace of our Lord and savior, I was welcomed into his presence, He showed me the way, and I followed.

Our Lord God cleanses all those who are close to Him and delivers them from sin. I thank God every-single day for the health that He provided for me. He has done so much for me, that I decided to be cleansed. I gave my life to Him and trusted his will to secure it and keep it in His good hands. One day, I will finally be reunited with that special person whom I have lost, but who has never left me behind. I am now living my life to the fullest, not thinking too much about the future. I have conquered all the negative thoughts that tried to control my life and my feelings. They tried their hardest to silence me, so I would feel alone forever, but I put a stop to this with the help of Our Lord. I've gained a close connection to Him that will never be broken.

DeSean Hubert

Class of 2026, Accounting.

Palm Sunday of the Lord's Passion

"Truly this man was the Son of God." Mk 14:1–15:47

<https://youtu.be/aIP-tsaQphE>



Mary Steinbicker

Class 2026, Biology & Secondary Education.

Monday of Holy Week

“Mary took a liter of costly perfumed oil made from genuine aromatic nard and anointed the feet of Jesus and dried them with her hair.” Jn 12: 1–11

In this Gospel, Jesus is having dinner in Bethany at the home of Lazarus. During this dinner, Mary anoints Jesus’ feet with an expensive perfume. Judas Iscariot wonders why they do not sell the perfume and give the money to the poor; however, the Gospel reveals that he doesn’t really care about the poor but is a thief who hopes to make a profit for himself.

At some point, all of us have been greedy like Judas. We can get caught up in thinking of all the ways we can do better in life, just like Judas making money from the nice perfume mentioned in the story. We all want to have the best things in our lives, but that doesn’t mean we need to have everything physically possible. We should appreciate the many gifts that God has given us each and every day, such as the simple interactions we have with one another, a roof over our heads, even a nice parking spot, and so much more. It is truly beautiful to see how much God does every day not only for myself, but also for many of my brothers and sisters.

Jesus responds to Judas by saying, “You always have the poor with you, but you do not always have me.” This struck me because as Jesus approaches his death, he reminds Judas to appreciate his physical presence. I do admit that sometimes I do not recognize the people that God has blessed me with in my life. God has put people in our lives for a reason. We need to love those people just as we want to be loved. I know it can be difficult to love others today, but God has made each of those around us deserving of His great love. Loving others can be as simple as greeting and smiling at people around campus or holding a door for someone. These small acts of kindness show others God’s love and assure them that we appreciate them. People may not be in our lives forever, so we should care and appreciate them while we can.

Kelley Burns

Class of 2026, Elementary & Special Education.

Tuesday of Holy Week

“Now is the Son of Man glorified, and God is glorified in Him.” Jn 13:21–33,36–38

As I meditate on this Scripture passage, I cannot imagine the fear that Jesus must have had to know that he was about to be crucified, and he was also aware that one of His own disciples, Judas, would betray Him that night. Perhaps this is a feeling that we all know too well. When someone close to us, someone we consider a friend, betrays us, it can hurt deeply. Maybe you have experienced this a few times, and you are still struggling to heal from a broken relationship.

During this Lenten season, I invite you to reflect on these feelings. Thankfully, we follow a Teacher who leads by example and encourages us to follow in His footsteps. In an earlier passage, we learn that Jesus knew that the Father had given Him all power and that He had come from God and was returning to God. Yet, despite this knowledge, He still washed the feet of his disciples.

In this Lenten season, let's follow Jesus' example and let go of the people or situations that have caused us to feel betrayed. Let's extend grace and forgiveness to them, not because they deserve it, but because we are called to be like Jesus. Let's not allow feelings of pride or anger to hinder our relationship with God, which He desires to share with us!

May God make His face shine upon you in this season!

Rita Kulemeka

Class of 2024, Nursing.

Wednesday of Holy Week

*“My appointed time draws near; in your house I shall celebrate the Passover with my disciples.”
Mt 26:14–25*

This Gospel illustrates the events that lead to the ultimate betrayal of Jesus by Judas. The act of betrayal is very strong and can be accompanied by pain and loss. This scripture passage is one that we might relate to easily because we all have experienced betrayal or loss of trust in some facet of our lives. Furthermore, we may even be able to relate to the perspective of Judas as we, like him, may have betrayed someone to whom we were close.

During these reflective days of Lent, it is important that we look within ourselves and examine our actions towards others, as well as our attitude towards Jesus. Have we betrayed the trust of a loved one or friend, or have we lost trust in Jesus? In our world today, there are numerous factors that can negatively affect our relationship not only with those close to us, but also with God.

Heavenly Father, throughout these days of Lent, please provide me with strength and wisdom to maintain meaningful relationships with You and those around me, even during trying times.

Kathryn DeHaven
Class of 2024, Nursing.

Holy Thursday– Evening Mass of the Lord’s Supper

“What I am doing, you do not understand now, but you will understand later.” Jn 13”1-15

<https://youtu.be/J0j8UrajLrY>



Louis Faia

Class of 2024, Biology.

Good Friday of the Lord's Passion

"They divided my garments among them, and for my vesture they cast lots." Jn 18:1-19:42

<https://youtu.be/HWBdBR2Tm1E>



Theresa Arata
Class of 2024, Nursing.

Holy Saturday

“Very early when the sun had risen, on the first day of the week, they came to the tomb.”
Mk 16: 1-7

https://youtu.be/tQxu_VgL92E



Amanda Bielat
Assistant Director of Campus Ministry.

Easter Sunday The Resurrection of the Lord

“They both ran, but the other disciple ran faster than Peter and arrived at the tomb first; he bent down and saw the burial cloths there, but did not go in.” Jn 20:1–9

<https://youtu.be/LVjtrJPhCRs>



Nick Livolsi
Class of 2024, Accounting.



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