

Toward a Drug-Free University

September 2015

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DRUG-FREE SCHOOLS AND COMMUNITIES ACT (DFSCA) POLICY

Immaculata University is in compliance with the DFSCA which requires colleges and universities to adopt and enforce policies that include sanctions for illegal alcohol and other drug use and to provide students and employees with appropriate information and services to back up those policies orientation sessions for new students, alcohol awareness weeks and other special events, reduced alcohol availability and consistent enforcement activities aid in the dissemination of the pertinent information.

Immaculata University maintains a written policy that sets forth standards of conduct clearly prohibiting the unlawful possession, use, or distribution of alcohol or illicit drugs on school property or as part of any school activity. This policy clearly states that sanctions apply to student acts committed under the influence, such as public disturbances, endangerment to self or other, or property damage.

It is the intent of this document:

1. To communicate the concern for the health and safety of students and employees in the Immaculata community; and
2. To educate the Immaculata University community regarding drug and alcohol policies and resources; and
3. To comply with the Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments of 1989, and all other pertinent federal, state, and local regulations regarding substance abuse on campus.

In order to comply with the law, the Drug and Alcohol Abuse Educational Notification must, at a minimum, include the following:

(a) The annual distribution in writing to each employee, and to each student who is taking one or more classes for any type of academic credit except for continuing education units, regardless of the length of the student's program of study,

1. Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of controlled substances and alcohol by students and employees on its property or as part of any of its activities;
2. A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of controlled substances and alcohol;
3. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
4. A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that is available to employees or students;
5. A clear statement that the Institution of Higher Education will impose disciplinary sanctions on students and employees (consistent with local, State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct required by paragraph (a)(1) of this section. For the purpose of this section, a

disciplinary sanction may include the completion of an appropriate rehabilitation program.

(b) A biennial review of the program to

1. Determine its effectiveness and implement changes to the program if they are needed; and
2. Ensure that the disciplinary sanctions described in paragraph (a) (5) of this section are consistently enforced.

DEFINITIONS

Employee means any faculty, staff, or student receiving a salary, wages, other compensation and/or stipend support from Immaculata University.

Student means anyone taking one or more classes for any type of academic credit except for continuing education units, regardless of the length of the student's program of study.

LEGAL SANCTIONS

Immaculata University adheres to the laws and the regulations that the state has mandated through the PA Crimes Code and Act 31 (enacted March, 1988). The University does not condone the misuse of alcoholic beverages. Any person violating the specific offenses outlined in the PA Crimes Code is subject to external prosecution through the state and local police, as well as internal disciplinary actions.

Illegal possession, manufacture, distribution, or use of drugs or narcotics by students constitutes unacceptable conduct and such students are subject to disciplinary measures, including suspension by the University.

It is the policy of Immaculata University to maintain a drug-free workplace. Illegal possession, use, manufacture, or distribution of drugs or narcotics by employees (while engaged in employment activities or activities related to a federal grant, regardless of the location of these activities) constitutes unacceptable conduct by such employees and makes such employees subject to disciplinary procedures of the University ranging from a reprimand through termination of employment, according to procedures set out in the employee handbook for administrative employees, and faculty.

Immaculata University seeks to provide students and employees with general information on applicable laws. Although every effort has been made to provide accurate information at the time of printing, this information can at any time be superseded by changes in the laws. Each student and employee has the ultimate responsibility to stay informed concerning changes in the law. Those with specific legal questions are encouraged to seek the services of an attorney.

RELATED POLICIES:

Alcohol

In compliance with Pennsylvania law, students who are under the legal age of 21 are not permitted to possess, consume, purchase, attempt to purchase, or transport alcohol on or off campus. Students who are the legal age of 21 but reside within the residence halls (DeChantal, Marian, Lourdes, & Villa Maria Halls) are not permitted to possess, consume, or transport alcohol on or off campus. Students who are the legal age of 21 and reside in a University apartment are permitted the following:

1. to possess and consume a moderate amount of alcohol in their University apartment where all other residents who are the legal age of 21 and no one under the age of 21 is present
2. to allow legal-aged guests to consume a moderate amount of alcohol in a University apartment

The legal-aged residents of the apartment are responsible for assuring compliance with all University policies and ensuring that all guests are of legal drinking age. The University will not tolerate abusive or dangerous consumption or any disruptive or disorderly conduct related to the excessive consumption of alcohol either on or off the campus. All residents who live in a University apartment and want to possess alcohol must participate in the alcohol education training program sponsored by the University.

A moderate amount of alcohol is defined and monitored by the University. The maximum amount of alcohol in a University apartment at one time can be no more than 2 total units of the following combination:

- a. 2 bottles of wine (750-mL)
- b. 1 bottle hard liquor or natural or distilled spirits with a maximum 80 proof (750-mL)
- c. 12 beers (12-ounce bottles or cans)
- d. 6 or similar alcoholic products, i.e., (hard lemonade, hard ciders) (12-ounce bottles or cans)

(for example, a combination of “a. 2 bottles of wine (750-mL)” and “b. 1 bottle of hard liquor or natural or distilled spirits with a maximum 80 proof (750-mL)” or “c. 12 beers (12-ounce bottles or cans)” and “d. 12 beers (12-ounce bottles or cans)”

The following are prohibited, but are not limited to regardless of age, and may result in disciplinary action:

1. Visitors are not permitted to bring alcohol into the University apartments
2. Drinking and open containers in any location outside of a University apartment
3. Public intoxication, disorderliness, or offensive behavior resulting from alcohol use
4. Beer kegs, beer balls, or similar types of common source containers equivalent in volume
5. Paraphernalia associated with the rapid ingestion of alcohol and/or drinking games (including but not limited to funnels, beer pong tables, etc.)

6. The presence of any type of grain alcohol or unmarked containers/bottles where the alcohol proof is unknown

All social events to be held in a University apartment serving alcohol must be registered in the Office of Residence Life and Housing; refer to the University Housing Social Event with Alcohol Policy.

The possession, presence and/or consumption of alcohol is not permitted while on University premises and while off campus participating in a University sponsored activity or event, with the exception of a University apartment in which all residents are of the legal age of 21 and those University-sponsored student events at which alcohol is part of the menu provided by dining services, in which case, students who are 21 years of age or older may consume alcohol on campus at such events. The University reserves the right to sanction students of the following applicable provisions:

1. The University reserves the right to sanction the residents of a room or an apartment where a violation occurs regardless if the alcohol containers are empty or full and whether or not the residents are present at the time of the violation.
2. The consumption of alcoholic beverages or possession of alcoholic beverages on University Premises is prohibited with the exception of a University apartment in which all residents are of the legal age of 21. This prohibition includes vehicles parked on University Premises.
3. The use or possession of paraphernalia specifically associated with the consumption of alcohol (e.g. funnels, kegs, keg taps, beer balls, beer pong tables) by students is prohibited on University premises;
4. Driving while under the influence of alcohol is prohibited. Pennsylvania has set .08% Blood Alcohol Content (BAC) as the legal limit for a Driving Under the Influence (DUI) conviction. Students may be convicted of DUI at .05% and above if there is supporting evidence of driving impairment.
5. The prohibitions set forth in this Alcohol Policy also apply to all University sponsored activities or events held at off-campus venues. It is the responsibility of the sponsoring club, organization or department to ensure proper enforcement.
6. Students found in violation of the University alcohol policy must comply with any sanction specified through the disciplinary system as outlined in the student code of conduct.

For purposes of this policy, University premises is defined to include: all buildings within which the University provides educational and related student services and/or conducts its business operations, whether owned, leased, or provided without charge for use, the campus as well as surrounding grounds and parking areas adjacent to these buildings, and vehicles owned or leased by the University.

When a student is found to be in violation of the University alcohol policy, the University reserves the right to notify parents/legal guardian(s) about the disciplinary status consistent with the provisions of the Family Educational Rights and Privacy Act;

Immaculata University supports the Pennsylvania state laws concerning drinking and accepts the responsibility to inform each student of the obligation to obey these laws. The University offers no protection for violators of these laws. Pennsylvania law

provides that it is unlawful for anyone under the age of 21 to possess, consume, purchase, attempt to purchase or transport alcoholic beverages. State law further provides that it is unlawful to furnish alcoholic beverages to anyone under the age of 21. Additional state laws pertinent to alcohol related issues include: carrying a false identification card and public drunkenness.

In any case when a student is considered to be a problem drinker, a University representative may request the student to seek professional counseling. If the student refuses to seek professional counseling and the student's behavior is considered to be disruptive, the student can be prohibited from University housing and face suspension from the University. The requirement of professional counseling may be implemented with or without disciplinary action.

Drugs (Controlled Substances)

The University adheres to the Drug Free Schools and Communities Act (DFSCA). Students should refer to the DFSCA section for specific information regarding University compliance.

Immaculata University recognizes drug abuse not only as a likely safety and security problem, but as an illness and serious health problem. The University offers a range of resources and services as follows: counseling and support services are available at the counseling center; student education and information are available through the student health services center; and referral to agencies and organizations which offer supportive services is available through the counseling center or student health services center.

The following drug-related offenses are prohibited and may result in disciplinary action:

1. The sale, production, use, possession, and/or distribution of, as well as attempt and conspiracy to sell, produce, and/or distribute illegal or addictive substances while on University premises and/or while off-campus participating in any University sponsored activity or event.
2. Use or possession of illegal or addictive substances. The University reserves the right to sanction all students assigned to the residence hall room or apartment where the violation occurs, as well as those present at the time of the violation.
3. Possession or use of any form of drug paraphernalia on any part of University premises as well as while off-campus participating in any University-sponsored activity or event.
4. The University reserves the right to sanction students in cases where indicia of illegal or addictive substance use are present, but where no illegal or addictive substances are recovered. These indicia may include, but are not limited to: the odor of marijuana or other drugs, the presence of drug paraphernalia, lack of cooperation or attempts to mask odors upon confrontation, deliberate attempts to block airways or other such similar behavior designed to avoid detection.
5. Students found in violation of the University drug policy must comply with any sanction specified through the disciplinary system as outlined in the student code of conduct.

For purposes of this policy, “University Premises” is defined to include: “all buildings within which the University provides educational and related student services and/or conducts its business operations, whether owned, leased, or provided without charge for use, the campus as well as surrounding grounds and parking areas adjacent to these buildings, and vehicles owned or leased by the University”.

When a student is found to be in violation of the University drug policy (illegal or addictive substances), the University reserves the right to notify a parent or legal guardian about the student’s disciplinary status, consistent with the provisions of the Family Education Rights and Privacy Act (FERPA).

POSSIBLE EFFECTS OF SUBSTANCE ABUSE

Substance	Possible Effects
Alcohol	Toxic Psychosis, Neurological and Liver Damage, Fetal Alcohol Syndrome
Marijuana	Bronchitis, Conjunctivitis, Possible Birth Defects, Lung Cancer
Amphetamines	Loss of Appetite, Delusions, Hallucinations, Toxic Psychosis
Non-Prescription Stimulants	Hypertension, Stroke, Heart Problems
Cocaine	Loss of Appetite, Depression, Convulsions, Nasal Passage Injury, Heart Attack, Stroke, Seizure, Respiratory Failure
Cocaine Free Base	Weight Loss, Depression, Hypertension, Hallucinations, Psychosis, Chronic Cough
Barbiturates	Severe Withdrawal Symptoms, Possible Convulsions, Toxic Psychosis
Methaqualone	Coma, Convulsions, Delirium
Analogs of Synthetic Narcotics	Addiction, Constipation, Loss of Appetite
Heroin	Addiction, Constipation, Loss of Appetite
Morphine	Addiction, Constipation, Loss of Appetite, Respiratory Depression
Codeine Oxycodone Meperidine Methadone Inhalants	Impaired Perception, Coordination, Judgment Toxicity from Solvent, Impurities
Nitrous Oxide	Kidney or Liver Damage, Peripheral Neuropathy, Spontaneous Abortion, Heart & Brain Damage
LSD	May Intensify Existing Psychosis, Panic Reactions, Depression, "Flashbacks"
Mescaline	Milder than LSD, "Flashbacks", Anxiety, Depression
MDA, MDE, MDMA, MMDA	Neurotoxic
Psilocybin	Milder than LSD
PCP	Psychotic Behavior, Violent Acts,

	Psychosis
Tobacco	Loss of Appetite, Addictive, Lung Cancer, Effects on Fetus, Heart and Blood Vessel damage, Stroke

PHYSICAL SIGNS OF DRUG ABUSE

<u>SUBSTANCE</u> *	<u>PHYSICAL SIGNS OF USE / ASSOCIATED PARAPHERNALIA</u> **	<u>BEHAVIORAL SIGNS OF USE</u> **
Anabolic Steroids	Enlargement of muscle masses, weight gain, fluid retention, high blood pressure, atherosclerosis, increased plasma lipids, shrunken testes, liver disease, stroke, enlarged heart, heart attack, death. Needles, syringes.	Stimulation, aggressive behavior, increased energy.
Cannabis Marijuana, hashish, (pot, dope, reefer, sinsemilla)	Bloodshot eyes, persistent cough or respiratory infection, increased appetite. Strong odor of burning rope or plant material, rolling papers, pipes, "roach clips", water pipers. Eye drops for clearing up bloodshot eyes.	Impaired concentration and short-term memory, uncontrollable laughter, apathy, sleepiness despite adequate rest, anxiety.
Stimulants Amphetamines (speed, white cross, black beauties)	Dilated pupils, rapid breathing, decrease in appetite, weight loss, excessive talking, insomnia, hyperactivity.	Inexplicable mood swings (elation to depression), nervousness, auditory hallucinations and paranoid thinking after heavy use.
Cocaine (coke, toot, blow, nose, crack)	Nasal irritation, running or bleeding nose, dilated pupils, rapid respiration, hyperactivity. Razor blades, small mirrors, straws, screens for pulverizing cocaine crystals.	Rapid mood swings (elation to depression and back to elation within one hour), lack of money due to high cost of drug.

Depressants Alcohol Sedative-Hypnotics/ tranquilizers	Slurred speech, lack of coordination, shallow and slow breathing, alcohol-like intoxication.	"Drunken" behavior, possibly including aggressiveness and belligerence, frequent auto accidents or other physical mishaps.
Narcotics Opiates and other prescription painkillers, heroin, dilaudid, percodan	Pinpoint pupils, shallow and slow breathing, sleepiness, needles, syringes and eye droppers if drug is administered by injection.	Euphoria, dreamy behavior. Difficulty concentrating.
Hallucinogens LSD and related substances (acid, blotter, window pane, microdot)	Dilated pupils, small squares of plastic or paper with imprinted designs, tattoos, small colored tablets.	Hallucinations, confusion, disorientation, panic reactions, inappropriate laughing or crying.
Phencyclidine (PCP) (angel dust)	Increased blood pressure, lack of coordination, loss of sensitivity to pain, imprecise eye movements.	Withdrawal, confusion, disorientation, bizarre behavior, aggressiveness, hyperactivity alternation with stupor.
Inhalants Airplane model glue, toluene, gasoline and other petroleum products, deodorants and other aerosols, typewriter fluid	Nasal irritation, rapid or erratic pulse, lack of coordination, headache, rags saturated with substance in question. Plastic bags, possession of containers of solvents for no apparent reason.	Confusion, "drunken" behavior, hallucinations, aggressiveness, hyperactivity.

* Many substances listed are available only in adulterated form through illegal channels. Up to 70% of drugs used by substance abusers are misrepresented in some way. Example: drugs sold as "speed" are represented as amphetamines, but often contain caffeine, phenylpropanolamine (PPA) or ephedrine.

** Although these symptoms may be indicative of drug use, many of the physical and behavioral signs can be associated with physical or mental illness, adolescence or the aging process. Be careful and thorough in investigating drug abuse. Get professional help.

SYMPTOMS AND PROGRESSION OF ALCOHOLISM

It is estimated that for every ten people who drink alcohol, one will become an alcoholic. Studies also show that for every person suffering from alcoholism, there are at least four other people, including spouses, children, and parents, who are seriously affected by that alcoholism. If you consider that it typically takes an individual suffering from alcoholism seven to ten years to recognize the problem (if it is recognized at all) and to seek help, you can begin to understand the profound influence alcohol abuse has on our society, the family, and the health of our nation. Why does it take so long? Why is alcoholism so difficult to recognize?

Denial is one of the primary symptoms of alcoholism, making the individual and oftentimes the family incapable of recognizing the problem and seeking appropriate treatment. Ignorance is another important factor. Alcoholism is one of the most misunderstood and misdiagnosed diseases. How do we recognize alcoholism, particularly in its early stages? One of the most useful definitions of alcoholism is: If drinking is creating problems, it is one.

Alcoholism is a chronic, progressive disease with predictable, identifiable symptoms which, if not treated, can be fatal. Here is a list of some primary symptoms of alcoholism, placed in the order in which they generally occur. One need not be experiencing all of these symptoms or in the order listed to be suffering from alcoholism.

Increase in Tolerance	Being able to out-drink your peers is not something to be proud of, but to be concerned about.
Preoccupation	Looking forward to drinking after work or on the weekend. Planning your social activities around alcohol.
Blackouts	Occasional memory lapses while drinking or an alcohol-induced state of amnesia.
Sneaking Drinks, Gulping Drinks	
Loss of Control	Unplanned drinking episodes or inability to realistically predict what will happen once you take the first drink.
Alibis	Having to explain why you drank or make excuses for your drinking.
Change in Drinking Patterns and Attempts to Control Promises and Resolutions Repeatedly Fail Family Problems, Financial Problems,	
Going on the Wagon	Some people quit drinking for a period of time in an attempt to control their drinking or prove to themselves that they are not physically addicted to alcohol, failing to realize that one need not

drink every day in order to have a drinking problem.

Increasing Blackouts

Geographic Escape

Changing jobs, moving to a different city or state to get a "new start."

Impaired Thinking, Loss of Job, Decrease in Tolerance, Drinking in the Morning

Physical Deterioration

Liver, heart, stomach, brain damage.

Indefinable Fears

Abandonment

"I don't care."

ALCOHOL IMPAIRMENT CHART

Drinks	APPROXIMATE BLOOD ALCOHOL PERCENTAGE								
	Body Weight in Pounds								
	100	120	140	160	180	200	220	240	
0	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.04	.03	.03	.02	.02	.02	.02	.02	Impairment Begins
2	.08	.06	.05	.05	.04	.04	.03	.03	Driving Skills Affected Possible Criminal Penalties
3	.11	.09	.08	.07	.06	.06	.05	.05	
4	.15	.12	.11	.09	.08	.08	.07	.06	Legally Intoxicated — Criminal Penalties
5	.19	.16	.13	.12	.11	.09	.09	.08	
6	.23	.19	.16	.14	.13	.11	.10	.09	
7	.26	.22	.19	.16	.15	.13	.12	.11	
8	.30	.25	.21	.19	.17	.15	.14	.13	
9	.34	.28	.24	.21	.19	.17	.15	.14	
10	.38	.31	.27	.23	.21	.19	.17	.16	

Your body can get rid of one drink per hour.
Each 1½ oz. of 80 proof liquor, 12 oz. of beer or 5 oz. of table wine = 1 drink.

ALCOHOL IMPAIRMENT CHART											
APPROXIMATE BLOOD ALCOHOL PERCENTAGE											
Drinks	Body Weight in Pounds										
	90	100	120	140	160	180	200	220	240		
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.05	.05	.04	.03	.03	.03	.02	.02	.02	.02	Impairment Begins
2	.10	.09	.08	.07	.06	.05	.05	.04	.04	.04	Driving Skills Affected
3	.15	.14	.11	.10	.09	.08	.07	.06	.06	.06	Possible Criminal Penalties
4	.20	.18	.15	.13	.11	.10	.09	.08	.08	.08	
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	.09	
6	.30	.27	.23	.19	.17	.15	.14	.12	.11	.11	Legally Intoxicated
7	.35	.32	.27	.23	.20	.18	.16	.14	.13	.13	— Criminal Penalties
8	.40	.36	.30	.26	.23	.20	.18	.17	.15	.15	
9	.45	.41	.34	.29	.26	.23	.20	.19	.17	.17	
10	.51	.45	.38	.32	.28	.25	.23	.21	.19	.19	

Your body can get rid of one drink per hour.
Each 1½ oz. of 80 proof liquor, 12 oz. of beer or 5 oz. of table wine = 1 drink.

BAC Chart Source: Pennsylvania Liquor Control Board Website:
www.lcb.state.pa.us/

FEDERAL PENALTIES AND SANCTIONS FOR ILLEGAL POSSESSION OF A CONTROLLED SUBSTANCE

The Federal Government prohibits the manufacture, distribution, dispensation and possession of controlled substances unless specifically permitted by statute. Applicable legal sanctions under federal state that it is unlawful to possess a controlled substance, including marijuana, cocaine, LSD, PCP, heroin, designer drugs, etc. (Federal Law Title 21 USC, Sections 841, 844, 845). The federal government categorizes controlled substances according to Schedules I through V. The penalty for simple possession of such substances is a fine and/or imprisonment. The penalties increase if the possession includes intent to manufacture, distribute, or dispense a controlled substance. Penalties also vary according to the type and quality of drug and the existence of prior convictions.

STATE PENALTIES AND SANCTIONS FOR ILLEGAL POSSESSION OF A CONTROLLED SUBSTANCE

The Commonwealth of Pennsylvania also imposes penalties for the possession, sale or delivery of a controlled substance. The Controlled Substance, Drug, Device and Cosmetic Act, 35 P.S classifies controlled substances according to Schedules I through V consistent with federal law. As with federal law, penalties vary according to the type of controlled substance involved. Penalties range from 30 days imprisonment, a \$500 fine or both for possession or distribution of a small amount of marijuana or hashish not for sale, to 15 years imprisonment or a \$250,000 fine or both for the manufacture or delivery of a Schedule I or II narcotic.

STATE PENALTIES AND SANCTIONS FOR UNLAWFUL USE OF ALCOHOL

18 Pa. C.S.A. 6308 Purchase, consumption, possession or transportation of liquor or malt or brewed beverages (Underage drinking): It is a summary offense if a person less than 21 years of age attempts to purchase, purchases, consumes, possesses or knowingly and intentionally transports any liquor or malt or brewed beverage. Note: A subsection creates immunity from prosecution if law enforcement, , became aware of the possession or consumption solely because the individual was seeking medical assistance for someone else. Penalties include fines up to \$1000.00, and restrictions on operating (driving) privileges.

18 Pa. C.S.A. 6307 Misrepresentation of age to secure liquor or malt or brewed beverages: Penalties include fines up to \$500, and a restriction on operating (driving) privileges.

18 Pa. C.S.A. 6310.3 Carrying a false identification card: Penalties include fines up to \$500 and a restriction on operating (driving) privileges.

18 Pa. C.S.A. 6309 Representing that minor is of age: Penalties include fines of not less than \$300 and up to one year in prison.

18 Pa. C.S.A. 6310 Inducement of minors to buy liquor or malt or brewed beverages: Penalties include fines of not less than \$300 and up to one year in prison.

18 Pa. C.S.A. 6310.2 Manufacture or sale of false identification card : Penalties include fines of not less than \$1,000 and up to two years in prison.

18 Pa. C.S.A. 6310.1 Selling or furnishing liquor or malt or brewed beverages to minor: Penalties include fines of not less than \$1,000 and up to one year in prison.

75 PA C.S.A. 3809 Restriction on alcoholic beverages

An individual who is an operator or an occupant in a motor vehicle may not be in possession of an open alcoholic beverage container or consume a controlled substance as defined in the act of April 14, 1972 (P.L. 233, No. 64), known as The Controlled Substance, Drug, Device and Cosmetic Act, or an alcoholic beverage in a motor vehicle while the motor vehicle is located on a highway in this Commonwealth. This is a summary offense subject to a fine.

75 PA C.S.A. 3809 Driving under the influence of alcohol or controlled substance: Penalties range from probation and a \$300 fine to a prison term of 2 years and a fine of not less than \$2500 depending on the seriousness of the offense and if it is a subsequent offense.

**DRUG & ALCOHOL COUNSELING, TREATMENT, REHABILITATION
PROGRAMS:
AREA RESOURCES**

Alcoholics Anonymous (AA)
215-923-7900
www.sepennaa.org
AL-ANON/ALA-Teen
www.AL-ANON.ALATEEN.org
1-888-4AL-ANON

Center for Addictive Diseases
Oakland Corporate Center
479 Thomas Jones Way, Suite 800
Exton, PA 19341
484-565-8200
610-560-8219 (fax)

Daemion Counseling Center
95 Howellville Road
Berwyn, PA 19312
610-647-1431

Gaudenzia
West Chester Plaza
110 Westtown Road, Suite 115
West Chester, PA 19380
610-429-1414
610-429-1833 (fax)

Horsham Clinic
722 Butler Pike
Ambler, PA 19002
215-643-7800 or 800-237-4447

Malvern Institute
940 W. King Road
Malvern, PA 19355
610-647-0330 or 888-643-3869

Narcotics Anonymous (NA)
800-550-1964
www.na.org

NHS Human Services
www.nhsonline.org

Rehab After Work
1440 Russell Road
Paoli, PA 19301
610-889-9939

Riverside Care Inc.
31 South 10th Avenue
Coatesville, PA 19320
610-383-9600 x24

VA Hospital
1400 Black Horse Hill Road
Coatesville, PA 19320
610-384-7711

Immaculata University offers an Employee Assistant Program (EAP) with telephone and Face-to-Face Assessment and Counseling services. For more information contact Human Resources, phone 610-647-4400 x 3077.

Immaculata University Counseling Center provides discrete on-site counseling services only for students. The Bruder Center also has an extensive community referral resource network. Contact the Bruder Counseling Services at 610-647-4400 x3478.

Additionally, Immaculata University provides educational programming and training. A list of these programs and trainings are on file in the Vice President for Student Development and Engagement Office.

SELECTED READINGS IN THE IMMACULATA UNIVERSITY LIBRARY

Bibliography
Books on Alcohol

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Hope, Help, and Healing: A guide to helping someone who might have a drug or alcohol problem
Is Someone You Care About Having Problems With Alcohol or Other Drugs?
NA Area Meeting List
Narcotics Anonymous: A Resource in Your Community
Narcotics Anonymous: Sponsorship

BOOKS AND TAPES
Offered at IU Bruder Center for Health and Counseling Services

Alcoholics Anonymous
Children of Alcoholics
About Alcohol and Violence
Frequently Asked Questions about Alcoholism and Alcohol Abuse
Harmful Interactions: Mixing Alcohol with Medicines
Know the Dangers of Ecstasy and Other Club Drugs
Marijuana: Facts for teens
Marijuana: Facts: Parents Need to Know
Prescription Drug Abuse: Get the Facts
Set Yourself Free: Deciding How to Quit, A Smokers Guide