

**IMMACULATA UNIVERSITY**

**THREE-YEAR COURSE SEQUENCE SHEET**

**Department: PHYSICAL EDUCATION and EXERCISE SCIENCE**

**Major: EXERCISE SCIENCE/Pre-Occupational Therapy**

**B.S./MSOT**

<b><i>Freshman Year - First Semester</i></b>	<b><i>Freshman Year – Second Semester</i></b>
<input type="checkbox"/> <b>ENG 106: Composition I (3)</b>	<input type="checkbox"/> <b>ENG 107: Composition II (3)</b>
<input type="checkbox"/> <b>BIOL 209: Human Anatomy &amp; Physiology I (4)</b>	<input type="checkbox"/> <b>BIOL 210: Human Anatomy &amp; Physiology II (4)</b>
<input type="checkbox"/> Foreign Language (3)	<input type="checkbox"/> Foreign Language (3)
<input type="checkbox"/> MATH 203: Intermediate Math or	<input type="checkbox"/> MATH 204: Intermediate Math or
<input type="checkbox"/> MATH 207: Introductory Analysis (3)	<input type="checkbox"/> MATH 208: Introductory Analysis (3)
<input type="checkbox"/> EXS 201: Intro to Exercise Sci & Fitness (3)	<input type="checkbox"/> THE Elective (3)
<input type="checkbox"/> FYE (1)	<input type="checkbox"/> PED elective
17 cr.	16 cr.
<b><i>Sophomore Year - First Semester</i></b>	<b><i>Sophomore Year – Second Semester</i></b>
<input type="checkbox"/> PHI Elective (3)	<input type="checkbox"/> English Literature (100 Level) (3)
<input type="checkbox"/> <b>SOC 202: Principles of Sociology (3)</b>	<input type="checkbox"/> ELECTIVE (3)
<input type="checkbox"/> HIST 115: The Origins & Rise of Western Civ (3)	<input type="checkbox"/> HIST 116: The Making of World Civ (3)
<input type="checkbox"/> EXS 301: Prevention and Care of Athletic Injuries (3)	<input type="checkbox"/> EXS 302: Kinesiology (3)
<input type="checkbox"/> <b>PSY 324: Lifespan Development (3)</b>	<input type="checkbox"/> FNU 208: Normal Nutrition (3)
<input type="checkbox"/> THE 218: Introduction to Christian Ethics (3)	<input type="checkbox"/> Elective (2)
<input type="checkbox"/> PED elective	
18 cr.	17 cr.
<b><i>Junior Year – First Semester</i></b>	<b><i>Junior Year – Second Semester</i></b>
<input type="checkbox"/> <b>PSY 208: Statistics (3)</b>	<input type="checkbox"/> Elective (3)
<input type="checkbox"/> PHI Elective (3)	<input type="checkbox"/> EXS 303: Exercise and Sport Physiology (3)
<input type="checkbox"/> <b>SOC 328: Minority Groups (3)</b>	<input type="checkbox"/> FNU 317: Sports Nutrition (3)
<input type="checkbox"/> PHI Elective (3)	<input type="checkbox"/> <b>PSY 320: Abnormal Psychology (3)</b>
<input type="checkbox"/> THE 314: World Religions (3)	<input type="checkbox"/> EXS 404: Pre-PT/OT Seminar (3)
<input type="checkbox"/> <b>CROSS CULTURAL REQUIREMENT</b>	
15 cr.	15 cr.
<b>COURSES TRANSFERRED FROM THOMAS JEFFERSON TO COMPLETE DEGREE</b>	<b>TOTAL CREDITS 98 cr</b>

Effective for students entering under the 2006-2008 Undergraduate Catalog.

**Total Credits required for program: 128\***

\* Includes 2 credits in physical education required only for full time students in the College of Undergraduate Studies. Immaculata will transfer 30 credits from the cooperating clinical program to apply to B.S. degree requirements.

\* Courses in bold satisfy the Jefferson prerequisite requirements for the Masters of Occupational Therapy Program.