

Nutrition-Dietetics

OVERVIEW

The Nutrition major is designed to prepare you for careers in the nutrition and food industries. Nutrition will provide you with skills in medical nutrition therapy, education, counseling, community nutrition, research and food service management. This program can prepare you for application to a post-baccalaureate dietetic internship. After successful completion of the internship, you are eligible to take the national registration exam to be a registered dietitian (RD), the internationally recognized credential for food and nutrition professionals.

CAREER OPPORTUNITES

A degree in nutrition-dietetics prepares you for any number of opportunities, including:

- Health care positions in hospitals, retirement communities, hospice and homecare and other healthcare facilities.
- Foodservice management in hospitals, retirement communities, schools, correctional facilities, and other settings where food is served.
- Nutritionist in community and public health agencies such as Woman, Infant, and Children Programs (WIC) and Cooperative Extension.
- Consultant in the food and nutrition areas, including sports nutrition and wellness
- Research in nutrition and food

SALARY RANGES

Median annual earnings of dietitians and nutritionists were 50,590 in May 2008. The middle 50 percent earned between \$41,060 and \$61,790. The lowest 10 percent earned less than \$31,460, and the highest 10 percent earned more than \$73,410. Median annual earnings in the industries employing the largest numbers of dietitians and nutritionists in May 2008 were:

Outpatient care centers	\$52,120
General medical and surgical hospitals	\$51,390
Nursing care facilities	\$51,110
Local government	\$47,390
Special food services	\$45,410

According to the American Dietetic Association, median annualized wages for registered dietitians in 2007 varied by practice area as follows: \$60,008 in consultation and business; \$64,002 in food and nutrition management; \$66,061 in education and research; \$52,000 in clinical nutrition/ ambulatory care; \$53,997 in clinical nutrition/long-term care; \$48,006 in community nutrition; and \$48,984 in clinical nutrition/acute care. Salaries also vary by years in practice, education level, and geographic region.

Source: Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook*, 2010-11 Edition, Dietitians and Nutritionist, on the Internet at <http://www.bls.gov/oco/ocos077.htm> (visited, 3/11)

THE UNIVERSITY

Immaculata University's 375 – acre campus is located in Chester County, about 20 miles west of Philadelphia. The student body is composed of approximately 4,000 students in three colleges, from 27 different countries and 17 different states. Immaculata students are able to study more than 60 undergraduate and graduate programs. 85% of our students live in campus housing. Immaculata also offers many different types of activities including 16 Division III sports and more than 50 clubs and campus organizations

THE COLLEGE OF UNDERGRADUATE STUDIES

OFFICE OF ADMISSION

610.647.4400 EXT. 3060

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SUCCESSFUL GRADUATES

Jeanie Subach, MA, RD, LDN '84, '89

Sports Nutritionist, Philadelphia Eagles and '76ers
Manager of Nutritional Services, Nova Care Rehabilitation

Kate Klimas, MA, RD, LDN '03, '07

Clinical Dietitian
Reading Hospital

Rachel Scott Wooters, RD, LDN '07

Clinical Dietitian
Crozier Chester Medical Center

Amy Kaminski, RD'08

Clinical Dietitian on the Medical ICU/Stepdown floor
South Jersey Healthcare in Vineland, NJ

CURRICULUM/PROGRAM GOALS

- Nutrition-Dietetics: The Didactic Program in Dietetics is designed to provide the student with a curriculum which includes medical nutrition therapy, community nutrition, and foodservice management. The program will, in addition, offer some professional experiences in these areas. Upon successful completion of the program, students can apply to a dietetic internship. To be eligible to take the Registration Examination for dietitians (RD) an internship is required after graduating with a BS degree in dietetics.
- The Master of Arts in Nutrition Education, which is offered at Immaculata University, can also be earned. Students can also apply for Immaculata's ADA accredited Dietetic Internship which is affiliated with the College of Graduate Studies.

FACULTY

Laura Frank, chair of the department, MPH.-University of California; MEd, PhD.,-Temple University; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania

Tracy L. Oliver, Director of Didactic Program in Dietetics. MEd, PhD-Temple University; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania

Patricia Thibault, MS-Drexel University; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania

Rena K. Quinton, MS-Florida International University; PhD-Florida International University; LDN-Commonwealth of Pennsylvania

Sister M. Carroll Isselmann, MS-Drexel University; EdD-Rutgers, The State University of New Jersey; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania

Susan W. Johnston, MS-West Chester University; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania

Diane Mattiford, MBA – St. Joseph's University; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania

Jeanie Subach, MA – Immaculata University; RD-The American Dietetic Association; LDN-Commonwealth of Pennsylvania