

IU-PIC

The Immaculata University Predoctoral Internship Consortium (IU-PIC), organized and monitored by the Immaculata University Graduate Psychology Department, provides predoctoral internships in clinical and school psychology to PsyD students in the Graduate Psychology Department with a limited number of placements offered for intern applicants from other doctoral programs through the APPIC Clearinghouse. Each agency is independent and maintains sole clinical and financial responsibility and liability for its clients and interns.

The Consortium provides oversight of the integration and integrity of the education and training aspects of the intern's experience. The Consortium offers 1,750 hour minimum predoctoral internships, typically beginning on July 1 or September 1, and conducted either on a full-time (12 months) or half-time (24 months) basis.

Affiliated Sites

The Consortium (IU-PIC) is a cooperative training program including many agencies and organizations across the area, primarily within commuting distance of Immaculata.

Background

The Immaculata University Predoctoral Internship Consortium (IU-PIC) was developed to respond to the needs of many Immaculata University Graduate Psychology students who need a local internship and are faced with a shortage of APPIC internships in the tri-state area.

Philosophy

The Immaculata University Predoctoral Internship Consortium (IU-PIC) is based upon a practitioner-scholar model of clinical practice. This internship provides an opportunity for interns to develop and refine clinical knowledge and skills in the areas of diagnosis, assessment, psychotherapy, and concept integration. The consortium values knowledge and skills, as well as a scholarly attitude, professional behavior, and integration into the professional community. In particular, the consortium encourages social and diversity awareness, ethical reasoning, scholarly inquiry, reflectivity, familiarity with biopsychosocial and psychotherapy research, and professional development which are integrated into clinical activities and discussions. In addition, the consortium encourages interns to maintain effective coping skills and respectful, professional relationships with clients and colleagues.

Goals

The IU-PIC aims:

1. To provide to Psy.D. students at Immaculata a comprehensive, quality predoctoral internship training program which meets the training standards of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and the PA State Psychology Board requirements for predoctoral internship.
2. To provide an internship training program in which interns address their professional development needs and interests while acquiring skills, knowledge, and scholarly values related to doctoral training in clinical and school psychology.
3. To provide a variety of local clinical training opportunities with diverse populations and develop both broad and specialized assessment, diagnosis, intervention and consultation skills.

4. To provide students a learning community of peer interns who come together to share learning activities and discuss training experiences to learn from and support each other.
5. To encourage appreciation and understanding of diversity and individual differences including ethnicity, race, language, socioeconomic status, sexual orientation, health status, religion.
6. To facilitate the development of a scholarly attitude, professional behavior and identity and integration into the professional and social community.

Competencies

Interns receive training and supervision to advance competency in the areas of diagnosis, assessment, psychotherapy, concept integration, scholarly attitude, and professional conduct. Individual training goals will be developed in these areas and applied specifically to an intern's training needs and interests.

Program Competencies include the following areas:

1. **Diagnostic:** Interviewing, Classification and Diagnosis, Case Formulation, Diversity Integration
2. **Assessment:** Test Selection, Administration, Interpretation, Report Writing, Feedback, Diversity Integration
3. **Psychotherapy/Intervention:** Case Formulation, Treatment Planning, Therapeutic Alliance, Clinical Boundaries, Interventions, Integration of Theory and Research, Diversity Integration

4. **Integration of Advanced Concepts:**
Use of Process, Perspective Taking, Intentionality, Relational and Interpsychic Dynamics, Countertransference, Diversity Integration
5. **Scholarly Attitude Development:**
Diversity Awareness, Social Awareness and Responsibility, Scholarly Inquiry, Critical Thinking, Study of Current Research
6. **Professional Behavior and Development:**
Respectful Relationships, Interpersonal Boundaries, Coping Skills, Use of Supervision, Professional and Administrative Responsibilities, Ethical and Legal Reasoning and Behavior, Professional Development, Professional Community, Follows Evidence-based Treatment Guidelines

Training Sites

(as of September 2008)

- Drexel University Counseling Center- Hahnemann, Philadelphia, PA
- Rowan University Counseling and Psychological Services, Glassboro, NJ
- Rutgers-Camden Student Health Center- Psychological Services, Camden, NJ
- Belmont Center, Philadelphia, PA
- Community Council, Philadelphia, PA
- NPHS: Girard Medical Center, Philadelphia, PA
- Upper Bay Counseling Center, Elkton, MD
- Associates of Springfield Psychological, Springfield, PA
- Berkshire Psychiatric Services, Wyomissing, PA
- Rost & Associates, Lancaster, PA
- Bancroft Brain Injury Services, Cherry Hill, NJ

Application Process

IU-PIC utilizes the uniform application developed by APPIC and the Matching Process. Intern applicants should write a single letter to Dr. Dan Gordon as the Co-Training Director regarding your desire to apply to the Consortium and identify the specific sites you are applying. All recommendation letters should be addressed to Dr. Dan Gordon (not to specific supervisors). Submit one copy of your packet for Dr. Dan Gordon, Co-training Director, and one copy of your packet for each specific site supervisor. In the packet for each specific site, make sure to include your letter of interest for that site. Place all application material (The packet for Dr. Gordon and packets for each site you are applying) in one envelope and mail to Dr. Dan Gordon, IU-PIC Consortium, c/o Janet Rowe, Graduate Psychology Dept., Immaculata University, no later than November 15.

For example: if you are applying to Rowan, Girard, and Upper Bay, you will prepare one packet with the letter to Dr. Gordon indicating sites you are applying and all the materials below. You will also prepare packets with your letters of interest to each specific site (Rowan, Girard, & Upper Bay) supervisor, also including all the materials below in each site packet.

- i. Cover Letter
- ii. APPIC Application
- iii. APPIC-Part II
- iv. CV
- v. Transcripts
- vi. Assessment/Psychological Evaluation with Identifying Information Removed
- vii. Three Letters of Recommendation

Sites will interview and rank Consortium IU applicants through the APPIC Match process.

*Immaculata University
1145 King Road, P.O. Box 521
Immaculata, PA 19345*



IMMACULATA
UNIVERSITY

**PRE-DOCTORAL
INTERNSHIP
CONSORTIUM
(IU-PIC)
2009-2010**

**Co-Training Directors:
Daniel Gordon, Ph.D.
Cynthia Galan, Psy.D.
Natalie Bilynsky, Ph.D.**

**Administrative Coordinator:
Pamela P. Abraham, Psy.D.**